



*Summer 2021*  
Online Registration Available  
[www.rrecreation.com](http://www.rrecreation.com)

*CITY of RIVERTON*



**RECREATION**  
AND CWC COMMUNITY EDUCATION



## What's Inside

### 2021 Summer 'R' Recreation Brochure

May - August, 2021

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#### 'R' RECREATION

Mary Axthelm- Program Manager	855-2015
Vacant: Activities Coordinator	855-2190

The 'R' Recreation office is located in the Professional Technical Center on the CWC Campus, 2660 Peck Ave., Riverton WY 82501

#### CITY OF RIVERTON

Mayor – Richard Gard  
 Ward 1 – Kyle Larson  
 Ward 2 – Karla Borders, Kristy Salisbury  
 Ward 3 – Mike Bailey, Lindsey Cox

#### CITY OF RIVERTON PHONE NUMBERS

Riverton City Hall	856-2227
Riverton City Parks Reservations	857-7720
Chamber of Commerce	856-4801
Riverton Aquatic Center	856-4230
Riverton Branch Library	856-3556
Fremont County Fair Office	856-6611
School District 25 Central Office	856-9407

#### PAYMENT AND REFUNDS

Registration and payment of each class is required at the time of registration. We **MUST** have a 48 hour notice if you are canceling your registration for a program. Any cancellations made within 48 hours of the class will **NOT** be refunded. Phone reservations will not be accepted. If a class is canceled you will receive a full refund for the amount of the class fee. **The convenience fee applied with online payment will not be refunded.**

#### COVID-19 PRECAUTIONS

All mask and social distancing guidelines will be enforced as determined by the current Wyoming Department of Health orders. At this time, please anticipate wearing a mask and/or social distancing throughout the program. Any changes to this policy will be announced at the program from the instructor. For current recommendations please check the CWC Covid Dashboard at [www.cwc.edu/coronavirus](http://www.cwc.edu/coronavirus).

## REGISTRATION INFORMATION

### REGISTRATION DEADLINES ARE LISTED FOR EACH PROGRAM!

Registration Deadlines are listed for each program. Registration forms and payment are required by the deadline to ensure a spot in the activity. These deadlines allow us to make important decisions regarding the class, staffing and facilities. 'R' Recreation does not "save spots" for any programs without proper registration and payment of fees.

## KIDZ CORNER

### Mini Dancercise Camp

Get ready to start your summer dancing with this fun high energy class, focused on getting kids up and moving! This is a great comeback mini-camp after the long year that was Covid. During this camp kiddos will be dancing & moving to popular hits, learning dance/fitness routines they can continue to use all summer long. Every participant must arrive with hair pulled up. Masks are recommended but not required! Parents will have to drop off students and wait outside the studio for the duration of the class. Register early as space is limited to six students.

**Registration Deadline: Friday, May 28**

Date: June 1, 3; Tues and Thurs

Time: 9:30-10:15am

Place: Room To Dance Studio (824 E. Lincoln St. Suite B)

Cost: \$20

Ages: 3-6 year olds

### Mini Cheer Pom Camp

Are you ready to cheer on your favorite sports team? During this camp kiddos will be introduced to the basics of cheer dance & pom. They will get to use pom poms and work on a mini cheer dance routine, focusing on foundation of jazz technique. This camp will be a great introduction to pom & cheer dance. This camp will also work on a special craft project to take home. Every participant must arrive with hair pulled up. Masks are recommended but not required! Parents will have to drop off students and wait outside the studio for the duration of the class. Register early as space is limited to six students. Take one or take both sessions!

**Registration Deadline: Friday, June 4**

Date: June 7, 9; Mon and Wed (session 1)

June 14, 16; Mon and Wed (session 2)

Time: 9:30-10:15am

Place: Room To Dance Studio (824 E. Lincoln St. Suite B)

Cost: \$20 per session

Ages: 3-6 year olds

### Mini Ballerina Princess Camp

Calling all the little princesses out there! Wear your favorite princess dress or pretty dance costume/dance outfit. Come learn the foundations of ballet basics and a short ballerina routine. Enjoy listening to & singing along with your favorite princess songs while using dance ribbons, hula hoops, and playing dance games. This camp will also work on a special project to take home. Every participant must arrive with hair pulled up. Masks are recommended but not required! Parents will have to drop off students and wait outside the studio for the duration of the class. Register early as space is limited to six students.

**Registration Deadline: Friday, June 4**

Date: June 8, 10; Tues and Thurs

Time: 9:30-10:15am

Place: Room To Dance Studio (824 E. Lincoln St. Suite B)

Cost: \$20

Ages: 3-6 year olds

### Mini Rockstar Dance Camp

Here is a camp for all those super fans of Taylor Swift, JoJo, Descendants, & Zombies, jump into this camp and learn to be a rockstar while dancing & listening to all your favorite hits! During this camp kiddos will learn cool jazz moves & hip hop grooves they can show off all summer! This camp will also work on a special craft project to take home. Every participant must arrive with hair pulled up. Masks are recommended but not required! Parents will have to drop off students and wait outside the studio for the duration of the class. Register early as space is limited to six students.

**Registration Deadline: Friday, June 11**

Date: June 15, 17; Tues and Thurs

Time: 9:30-10:15am

Place: Room To Dance Studio (824 E. Lincoln St. Suite B)

Cost: \$20

Ages: 3-6 year olds

### Little Kicks Tot Soccer

Boys and girls, ages 3-5, come and join the fun and excitement with the Riverton Little Kicks Soccer program. The camp consists of a series of fun group activities and non-competitive short games. Little Kicks focuses on exercise, coordination, participation and basic soccer skills all while having fun. You won't find a better way to introduce the exciting sport of soccer to your preschooler. Bring mosquito spray for the kiddos and register before the deadline to guarantee a spot before it fills up!

**Registration Deadline: Friday, June 4**

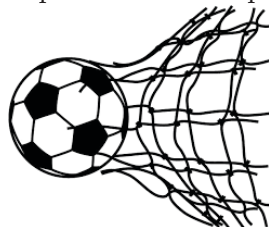
Date: June 15-July 1; Tues/Thurs

Time: 5:30-6:15pm

Place: RHS Turf Field

Age: 3-5 years old

Cost: \$30



### Little Ninjas

You won't want to miss this fun way to introduce your child, ages 4-5, to the lifelong activity of Taekwondo. Each class will include a warm-up, cardio exercises, stretching and the practicing of basic techniques like blocking, punching and kicking. Children will learn self-confidence, respect and self-discipline throughout the class. Participants must register in advance due to limited available spots.

**Registration Deadline: Friday, June 4 (Session 1)**

**Friday, July 2 (Session 2)**

Date: June 8-24; Tues/Thurs (Session 1)

July 6-22; Tues/Thurs (Session 2)

Time: 3:00-3:50pm

Place: Progressive Taekwondo  
(315 E. Main Street)

Age: 4-5 years old

Cost: \$30/session



### Twilight Tots

Come along with your child and unwind from a busy day at work or at home, while watching your little one play. Children will be building their small and large motor skills as well as their social skills while having a wonderful time with their friends. Water play will be a central theme and while water is abundant, why not indulge your little mess loving darling in some icky, sticky, ooey, gooey play? Things like goop, sand, mud, clay, paint, shaving cream and maybe even some glittery princess snot might just delight your child! To make your family time even more fun how about bringing a picnic basket along? When you get home your child will soon sleep like an angel and the benefits of the class will be even more complete. Facilitated by Regien Hasperhoven, former Kindergarten teacher from the Netherlands and certified as a trainer by PITC (the Program for Infant and Toddler Caregiving). Please, bring water, clothes and a towel. Some parent participation may be needed.

**Registration Deadline: Friday, May 21 (Session 1)**

**Friday, July 9 (Session 2)**

Date: Session 1: May 26-June 16; Wednesday

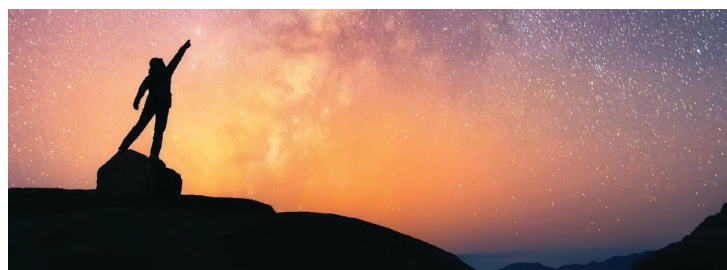
Session 2: July 14-Aug 4; Wednesday

Time: 5:30-7pm

Place: CWC Picnic Area

Age: 2-5 years old

Cost: \$15 per session





## YOUTH ACTIVITIES

### Dancercise Camp

Get ready to start your summer dancing with this fun high energy class, focused on getting kids up & moving! This is a great comeback mini-camp after the long year that was Covid. During this camp kiddos will be dancing & moving to popular hits, learning dance/fitness routines they can continue to use all summer long. Every participant must arrive with hair pulled up. Masks are recommended but not required! Parents will have to drop off students and wait outside the studio for the duration of the class. Register early as space is limited to six students.

**Registration Deadline: Friday, May 28**

Date: June 1, 3; Tues and Thurs

Time: 10:30-11:15am

Place: Room To Dance Studio (824 E. Lincoln St. Suite B)

Cost: \$20

Ages: Kindergarten-5th grade



### Tumbling Intensive Camp

Love to tumble? Love to flip? Then this camp is for you! Learn to perfect those skills you already know or come to learn loads of new tricks and skills. This camp will focus of building skill development with our certified instructor. Every participant must arrive with hair pulled up & clean bare feet. Masks are recommended but not required! Parents will have to drop off students and wait outside the studio for the duration of the class. Register early as space is limited to eight students.

**Registration Deadline: Friday, May 28**

Date: June 1, 3; Tues and Thurs

Time: 3-3:45pm

Place: Room To Dance Studio (824 E. Lincoln St. Suite B)

Cost: \$20

Ages: 6 years old and up

### Jr. Dance Team Camp

This mini-camp will focus on jazz & hip hop styles of dance. Participants will learn the technique, moves, and formations that are often used by professional teams. They will combine everything learned into a fun routine that will keep them having fun all summer. Every participant must arrive with hair

pulled up. Masks are recommended but not required! Parents will have to drop off student and wait outside the studio for the duration of the class. Register early as space is limited to six students.

**Registration Deadline: Friday, June 4**

Date: June 7, 9; Mon and Wed

Time: 10:30-11:15am

Place: Room To Dance Studio (824 E. Lincoln St. Suite B)

Cost: \$20

Ages: Kindergarten-5th grade

### Dance Team Camp

Summer Camp Opportunity for older participants. Are you interested in possibly being on your high school dance team? Here is your chance to work with & learn from past members of your local state high school teams and participate in a real dance team practice. Every participant must arrive with hair pulled up. Masks are recommended but not required! Parents will have to drop off student and wait outside the studio for the duration of the class. Register early as space is limited to eight students.

**Registration Deadline: Friday, June 4**

Date: June 7, 9; Mon and Wed

Time: 3-3:45pm

Place: Room To Dance Studio (824 E. Lincoln St. Suite B)

Cost: \$20

Ages: 10 years old and up

### Junior Ninjas

You won't want to miss this fun way to introduce your child, ages 6-8, to the lifelong activity of Taekwondo. Each class will include a warm-up, cardio exercises, stretching and the practicing of basic techniques like blocking, punching and kicking. Children will learn self-confidence, respect and self-discipline throughout the class. Participants must register in advance due to limited spots.

**Registration Deadline: Friday, June 4 (Session 1)**

**Friday, July 2 (Session 2)**

Date: June 8-24; Tues/Thurs (Session 1)

July 6-22; Tues/Thurs (Session 2)

Time: 4:00-4:50pm

Place: Progressive Taekwondo (315 E. Main Street)

Age: 6-8 years old

Cost: \$30/session



## Cheer Pom Camp

Are you ready to cheer on your favorite sports team? During this camp kiddos will be introduced to the basics of cheer dance & pom. They will get to use pom poms and work on a mini cheer dance routine, focusing on foundation of jazz technique. This camp will be a great introduction to pom & cheer dance. This camp will also work on a special craft project to take home. Every participant must arrive with hair pulled up. Masks are recommended but not required! Parents will have to drop off students and wait outside the studio for the duration of the class. Take one or take both sessions but register early as space is limited to six students.

### Registration Deadline: Friday, June 4

Date: June 8, 10; Tues and Thurs (session 1)  
 June 15, 17; Tues and Thurs (session 2)

Time: 10:30-11:15am

Place: Room To Dance Studio (824 E. Lincoln St. Suite B)

Cost: \$20 per session

Ages: Kindergarten-5th grade



## Cheer/Pom Tumbling Camp

Come and flip with us during this cheer/pom tumbling camp. Start off with stretching to help you build that flexibility, learn to warm up your body with smaller tumbling skills and move on to learn those bigger skills/tricks used mostly by cheer & pom teams. Each participant will learn proper technique to be used for performing such skills with our certified tumbling instructor. Every participant must arrive with hair pulled up & clean bare feet. Masks are recommended but not required! Parents will have to drop off students and wait outside the studio for the duration of the class. Register early as space is limited to eight students.

### Registration Deadline: Friday, June 4

Date: June 8, 10; Tues and Thurs

Time: 3-3:45pm

Place: Room To Dance Studio (824 E. Lincoln St. Suite B)

Cost: \$20

Ages: 6 years old and up

## Flexibility Camp Acro/Tumbling

This mini-camp will focus on building flexibility used in tumbling & acro classes. Participants will learn to stretch and warm up while focusing on building or increasing flexibility. Once stretched & warmed up students will learn to work on skills/tricks that will help them achieve a better level of flexibility. Participants will

learn proper technique to be used for performing such skills. Every participant must arrive with hair pulled up & clean bare feet. Masks are recommended but not required! Parents will have to drop off student and wait outside the studio for the duration of the class. Register early as space is limited to six students.

### Registration Deadline: Friday, June 11

Date: June 14, 16; Mon and Wed

Time: 10:30-11:15am

Place: Room To Dance Studio (824 E. Lincoln St. Suite B)

Cost: \$20

Ages: Kindergarten-5th grade

## Cheer/Pom Team Camp

Summer Camp Opportunity for older participants. Are you interested in possibly being on your high cheer team? Here is an opportunity to come work on your jumps, leaps, use pom poms and start your journey towards making that team! Every participant must arrive with hair pulled up. Masks are recommended but not required! Parents will have to drop off student and wait outside the studio for the duration of the class. Register early as the class is limited to eight students.

### Registration Deadline: Friday, June 11

Date: June 14, 16; Mon and Wed

Time: 3-3:45pm

Place: Room To Dance Studio (824 E. Lincoln St. Suite B)

Cost: \$20

Ages: 10 years old and up

## Side-Aerials Tumbling Camp

All participants are required to have a solid cartwheel that is straight & strong and have a basic understanding of a 1-handed cartwheel. This camp will be focused on helping students to achieve the no handed cartwheel skill; participants will be learning tips & tricks with our certified instructor to help them work to achieve it. Every participant must arrive with hair pulled up & clean bare feet. Masks are recommended but not required! Parents will have to drop off students and wait outside the studio for the duration of the class. Register early as space is limited to eight students.

### Registration Deadline: Friday, June 11

Date: June 15, 17; Tues and Thurs

Time: 3-3:45pm

Place: Room To Dance Studio (824 E. Lincoln St. Suite B)

Cost: \$20

Ages: 6 years old and up



## BLAST- Babysitter Lessons and Safety Training

As a babysitter, parents trust you with their children's lives. Your main responsibilities are to care for a child's needs and to keep the child safe. Geared for students ages 11-14, who help care for siblings or babysit to earn money, this class will discuss safety, babysitting basics (diapering, feeding, etc), tips for entertaining kids, appropriate responses to emergency situations, basic first aid, and pediatric CPR. Each student will receive a student workbook and a certificate upon completion of the course. Caring for children is a big responsibility; this class will give you the skills, knowledge and confidence to be a great babysitter! Students should bring a sack lunch.

**Registration Deadline: Wednesday, June 16 (Session 1)**  
**Friday, July 9 (Session 2)**

Date: June 22, Tuesday (Session 1)  
 July 16, Friday (Session 2)  
 Time: 9-2pm  
 Place: CWC Health & Science Bldg., Room 210  
 Age: 11-14 years old  
 Cost: \$50/session



## Mad About Science

Become a scientist that explores, asks questions, observes, and discovers all while completing engaging STEM activities! The scientists of this class will learn about Newton's laws, coding, toothbrush robots and so many more great things! The class projects will be filled with science, technology, engineering, and math but with all the FUN you don't get during the school year.

**Registration Deadline: Friday, July 2**

Date: July 12-16 (Session 1); Mon-Fri  
 Time: 9-10:30am: K-3rd  
 10:30-12pm: 4th-6th  
 Place: CWC, Main Hall, Room 161  
 Age: K-6th grade  
 Cost: \$30



## YOUTH SPORTS

### Summer Night Kicks Community Open Soccer

Here is an opportunity for soccer players of all ages and ability to get together and play pick-up games of soccer throughout the summer. There will be small sided games grouped by age (8u-14u) on one half of the field and adult (15+) games on the other half. The Wolverine high school and Spartan middle school coaches will be in attendance and looking forward to seeing their current and future players, and competing with the has-been players. Bring your family and enjoy everyone getting involved with some fun competition.

**Registration Deadline: Ongoing**

Date: June 8-July 22; Tues/Thurs  
 Time: 6:30-8pm  
 Place: RHS Turf field  
 Age: 7-Adult  
 Cost: No Charge.

Liability waivers must be on file before participating.

### Challenger International Soccer Camp

Challenger Sports, the number one youth soccer company in the United States will be holding one of their nationwide British Soccer training camps in town hosted by RYSA. This camp will help develop your child's soccer skills, confidence, and understanding of the game. Challenger's innovative curriculum will engage, educate, and entertain your child. FREE soccer ball, action poster, camp shirt, iChallenge, and 20 skills videos for free. If you have any questions about this camp opportunity, please contact Josh Saltgaver at 307.840.6725 or challengersports.com for details and to register.

Date: June 14-18; Mon-Fri  
 Time: 8-9am (Tiny Tykes); 3-5 years old  
 9am-12pm (Half Day); 5-12 years old  
 1-3pm (Golden Goal bonus); 5-12 years old  
 Place: Rein Park (across from Willow Creek Elementary)  
 Age: 3-12 years old  
 Cost: \$100 (Tiny Tykes); 3-5 years old

\*Includes games and activities to introduce young players to soccer.

\$170 (Half Day); 5-12 years old

\*Includes complete technical player development and tactical knowledge training

+\$70 for afternoon Golden Goal bonus session; 5-12 yrs old

\*Includes personal skill development with an emphasis on improving all aspects of the game and expanding tactical knowledge. There is an additional focus on speed and agility with advance technical training.



## Junior Golf at Riverton Country Club

Boys and girls ages 5 and up are invited to Riverton Country Club for our annual junior golf program! This year we will run two 4-day sessions, with 5-8 year olds welcome from 9-10am and 9-13 year olds welcome from 10-11am. Basic fundamentals will be covered in session one and we will move forward and advance in the teachings in session two. However, if you can't make session one, please still join us for session two, as we will make sure everyone gets some individual attention and be taught at their specific skill level!

Junior clubs are available for check-out at no charge if you don't have your own, so there are no excuses to not give this lifelong sport a try! Come join us at our beautiful course and have some fun! For Junior Golf program dates and to register call the Riverton Country Club at (307) 856-4779.

Cost: \$50 for one session, \$90 for both.



### Everyone Can Play

Remember when neighborhood games ruled the summer? Here is our attempt to recreate some nostalgia. Introduce your family to baseball, kickball, basketball, football, soccer and other great sports in this all-inclusive fun and friendly environment. Children will begin to learn the fundamental skills and basic concepts of all these sports. As was the case with summer games, the kids will even get to set some of the rules and create fun variations. Bring ALL your kids and let them interact and play in a family fun, safe environment. Participants must register in advance.

**Registration Deadline: Friday, June 25**

Date: July 7-23; Mon/Wed

Time: 6:30-7:30pm

Place: CWC Soccer Field

Age: 8+ years old

Cost: \$10/person or \$25/family

### Hot Shots! Soccer Camp

Refine your foot skills and improve your soccer game just in time for the fall soccer season! The camp will focus on fundamental foot work, striking and strategies of the game. Valuable instruction is provided by RHS Wolverine men's soccer coaches and players. Enjoy this unique, affordable opportunity for your soccer player to be mentored by the older

players and refine their skills. Registrations must be made in advance by the deadline.

**Registration Deadline: Wednesday, July 21**

Date: July 26-30; Mon-Fri

Time: 9-10:30am

Place: RHS Turf Field

Age: 5-10 years old

Cost: \$30

## Jr. Wolverine Football Camp

Want to start your junior football season off on the right foot? The Jr. Wolverine Camp is designed for young players to develop a base level of football fundamental skills. Join the RHS Wolverine coaches and players for two days of fun, dynamic drills and skills and be well prepared for your football season.

**Registration Deadline: Friday, July 30**

Date: Aug. 5-6; Thurs & Fri

Time: 8:30-10am

Place: RHS Turf Field

Age: 3rd-6th grade

Cost: \$25

## FALL YOUTH SPORTS

*(Registration is in the summer!)*

### Riverton Youth Soccer Fall Recreation League

**Registration deadline is Friday, August 13! No late registrations will be accepted.**

This league is designed for players of all abilities and focuses on the fundamentals of soccer and the improvement of skills. The season begins the week of August 30th. Practices and games are played weeknight evenings at Rein Park (west end of Monroe). Based on state rules, children must have been born by December 31, 2017 or earlier to participate. The league is for children 5 years old through 14 years and fees are \$40. There is a separate RYSA registration form used (not the 'R' Rec form) available online at [www.rivertonsoccer.org](http://www.rivertonsoccer.org) or at the 'R' Rec office. The success of this league depends solely on volunteer coaches and team parents. Please consider volunteering for the success of the league! Go to [www.rivertonsoccer.org](http://www.rivertonsoccer.org) for more information or contact Rachel Mejorado at 307.851.5052.



## Riverton Rampage Soccer Travel Teams

The Riverton Rampage is a competitive, traveling soccer league that provides a more challenging level of soccer to those players who are willing to make a commitment to practicing and weekend travel. Players must be registered by August 3rd. Please download the Rampage Registration Packet from [www.rivertonsoccer.org](http://www.rivertonsoccer.org). Please use the registration links to complete online registrations. Rampage registrations are NOT accepted at 'R' Recreation, but at the Rampage registration night (TBD) or online. Players must provide a wallet size picture and a birth certificate. Please go to [www.rivertonsoccer.org](http://www.rivertonsoccer.org) for more information or contact Josh Saltgaver at 307.840.6725, Shane Mathill at 307.320.8169 or Brandon Kintzler at 307.760.5678.

## Riverton Junior Football League

The Riverton Junior Football League will be taking registrations for the 2021 season beginning Monday, July 19. RJFL is a football league for youth players in grades 1st-6th and the success of this league depends solely on volunteer coaches, referees and line crew, so plan to get involved! Please consider volunteering to help make this season the best yet! Registration forms are available at 'R' Recreation, Teton Athletic Club and online at [rrecreation.com](http://rrecreation.com).

Check out 'Riverton Jr. Football' on Facebook for up-to-date league information.

League information is as follows:

### 5th-6th Sr. Tackle

**Registration deadline August 6** | cost \$35

-Mini-Camp practices for all players start Aug 9 at the RJFL field at 5:30.

**\*\*A sports physical from a physician prior to the first night of practice (Aug. 9) is required for all 5th/6th grade players! \*\***

-The league will provide pads, pants, jersey and helmet. Players are required to purchase a mouth guard.

### 3rd-4th Jr Tackle

**Registration deadline August 13** | cost \$35

-The league will provide pads, pants, jersey and helmet. Players are required to purchase a mouth guard.

### 1st-2nd Flag Football

**Registration deadline August 20** | cost \$25

-The league will provide the team t-shirt, flag belt and flags. Players are required to purchase a mouth guard.



## SPECIAL INTEREST

### Woodworking for Beginners

In this exciting new course, you will learn beginner woodworking skills while creating unique and interesting items for your home, to enter in the Fremont County Fair or to give as a perfect gift to someone special! Each class will be a new project, including learning to make unique and custom picture frames, shadow boxes for those important items that should be hung, knick knack shelves for those items you want to display and the final project will be decided by the students! This class will bring your Pinterest board to life! All supplies will be provided but students are asked to bring a pair of safety glasses. An early deadline is requested so the instructor can get the lumber and initial cuts done in time for the projects.

**Registration Deadline: Friday, July 2**

Date: July 12-21; Mon/Wed

Time: 6-8pm

Place: CWC ProTech Bldg., Room 120

Age: 16+ years old

Cost: \$60

## ADULT & FAMILY ACTIVITIES

### Summer Night Kicks Community Open Soccer

Here is an opportunity for soccer players of all ages and ability to get together and play pick-up games of soccer throughout the summer. There will be small sided games grouped by age (8u-14u) on one half of the field and adult (15+) games on the other half. The Wolverine high school and Spartan middle school coaches will be in attendance and looking forward to seeing their current and future players, and competing with the has-been players. Bring your family and enjoy everyone getting involved with some fun competition.

**Registration Deadline: Ongoing**

Date: June 8-July 22; Tues/Thurs

Time: 6:30-8pm

Place: RHS Turf field

Age: 7-Adult

Cost: No Charge.

Liability waivers must be on file before participating.

### Adult 4v4 Co-Ed Volleyball League

Get your squad together for our fun summer volleyball league in the park and be ready for some good competition and exciting volleyball matches! Games will be 4v4 and there cannot be more guys than girls on a team. Each team is required to ref and scorekeep for another game during the evening. We want



to create a fun, party-like atmosphere so R Rec will provide the music, you bring the enthusiasm! There will be a theme challenges each night and prizes for the best, creative portrayal of the themes. There is a limit of 16 teams so get your team of four registered today.

**Registration Deadline: Wednesday, June 9**

Dates: June 14-July 26; Mondays

Time: 6:00 and 7:00pm

Place: Jaycee Park

Cost: \$40/team



### Community Summer Tennis

This unique tennis playing opportunity is for players of all ages with some tennis experience and are excited to improve their game, meet great people, and have fun improving skills and game strategies. There will be weekly match play with an emphasis on fun that will foster success and a love of the game.

Dates: June 8-August 31; Tuesdays

Times: 9am-10:30am

Place: RHS Tennis Courts located between RMS and RHS.

Ages: 18 years old and up

Cost: No charge

### Summer Pickleball

Pickleball is an exciting game that combines parts of ping-pong, tennis and badminton. It is played on a badminton-sized court, using a wooden paddle and a wiffleball. This is an open play opportunity, but all are welcome and knowledge or previous playing experience is not required to join in the fun! Each experienced player will have an opportunity to help mentor and teach the skills, rules and strategies of the game through play. Participants must be 15 years and older. Participants will need to fill out a liability waiver prior to playing. Racquets, balls and nets will be provided.

Dates: June 9-July 28; Wednesdays

Time: 5:30-7:30pm

Place: City Park Tennis Courts

Ages: 15 years old and up

Cost: No charge but liability waiver must be on record.

(If there are groups of players who would like to play at different days/times we will have an equipment check-out system that you can check the equipment out for a designated period of time. Call 'R' Rec at 855-2015 for more information.)

### Rent a Community Garden Plot

The Riverton Community Garden has plots for you to rent to grow your own fresh produce. This garden is "natural" (pesticides and fertilizers restricted to approved products). The watering is automatic and the soil has been amended with compost. Gardeners sign one season contracts with the option to renew at the conclusion of each season. To get an application, set of guidelines and gardening contract please call 'R' Recreation at 855-2015 or email [rrecreation@cw.edu](mailto:rrecreation@cw.edu). You may also pick the packet up in the 'R' Recreation Office in the Pro-Tech Building at CWC. Each new plot is \$45 for the 2021 season, \$35 for all returning gardeners. For any questions regarding the garden throughout the summer, please email Dee-Ann Isenhardt at [disenhar@cw.edu](mailto:disenhar@cw.edu).

### Introduction to Ballooning

Just in time to get up-close and personal for the 41st annual Riverton Rendezvous Balloon Rally! Instructors Pat Newlin and Andy Samuelson, our local hot air balloon pilots, will cover all the basics of hot air ballooning. Participants will learn about crewing for a hot air balloon – which includes set up, chasing, packing up, and refueling, in addition to the aspects of successful flight operation. This class includes a Friday night classroom instructional session followed by a Saturday morning hands-on opportunity on CWC's soccer field to crew (weather permitting). Each participant will get a tethered balloon ride. The class cost includes gas fees for the ride and a donation to our balloon rally.

**Registration Deadline: Friday, June 18**

Dates: June 25, 26; Friday and Saturday

Time: 6:30-8:30pm Friday; 7-10am Saturday

Place: CWC Intertribal Education and Community Center, Room 106 (Friday only)

CWC Soccer Field (Saturday only)

Cost: \$50

Age: 18 - Adult



### Baking for Fair

Instructor Pam Rivers, Superintendent of Open Culinary Events at the Fremont County Fair for many years, will be teaching these cooking classes. Participants will prepare the following items which they can take home and share with

their family and friends or place in their freezer to enter in the Fremont County Fair at the end of July. Participants will need to bring their own glass pie pan. Our schedule for classes are as follows:

July 7 – Delicious Muffins and Biscuits

July 14 – Fabulous Fruit Pies

July 21 – Cream Puffs/Pâte à Choux

**Registration Deadline: Friday before each class**

Dates: July 7-21; Wednesdays

Time: 3:30-6pm

Place: Riverton High School, Home Ec Room

Cost: \$25/class or \$60 for all 3 classes  
(cost for supplies included)

Age: Minimum 10 years of age



### Fabulous Summer Fruits

Instructor Pam Rivers, Superintendent of Open Culinary Events at the Fremont County Fair for many years, will be teaching these cooking classes. Participants will prepare the following items that they can take home and share with their family and friends. Participants will need to bring their own glass pie pan. Our scheduled classes are as follows:

July 7 – Key Lime Pie

July 14 – Fabulous Fruit Tarts

July 21 – Fresh Fruit Sorbet

**Registration Deadline: Friday before each class**

Dates: July 7-21; Wednesdays

Time: 6:00-8pm

Place: Riverton High School, Home Ec Room

Cost: \$30/class or \$75 for all 3 classes  
(cost for supplies included)

Age: Minimum 12 years of age

### CSI Adult Presentation

If you enjoy CSI shows and mysteries then this presentation is going to thrill you! Through various crime scene photos participants will look at all the evidence to determine and professionally analyze a crime scene. A fingerprint mutilation segment is shown on how criminals try to disguise identification. We will play a Myth vs Fact game to determine your understanding of evidence and questions are encouraged

for this unique opportunity to ask a forensic scientist those tricky questions. Our instructor, Lynne Dean, was a Latent Fingerprint Examiner for 35 1/2 years at King County Sheriff, Seattle, Washington and has qualified as a Forensic Scientist. For over 9 years she has instructed a 5 credit Fingerprint Science Class at Green River College in Washington. She has also attended FBI Police Academy, Quantico, Virginia for a 3 week course in comparison of fingerprints. After spending over half her life in the field of fingerprints, crime scenes, and processing evidence, fingerprints have become a literal part of her. Her enthusiasm for work in the field of fingerprint forensics comes through during her presentations.

**Registration Deadline Session 1: Friday, September 3**

**Registration Deadline Session 2: Wednesday, September 8**

Dates: Sess 1: Sept. 11, Saturday, 9am-12pm

Sess 2: Sept. 21, Tuesday, 6pm-9pm

Place: Zoom class can be taken in the comfort in your home or in a CWC classroom

(Zoom link/assigned classroom will be given at registration)

Ages: 18 years and older due to graphic content

Cost: \$40 per each class

Supplies: Participants will need to provide a clear sheet protector and tape or pick them up from the 'R' Recreation office.

## ADDITIONAL COMMUNITY ACTIVITIES

### Summer Kick-Off Community Party

Come join the community celebration to kick-off the official start of summer vacation! There will be music, games, bouncy houses, a giant slip and slide, volleyball, cornhole, food trucks and a movie in the park at dusk. This is guaranteed to be the best way to spend your first evening of the summer vacation with your friends, family and neighbors. Festivities will be at Jaycee Park from 4-8pm with the family friendly movie beginning at dusk. This event is brought to you by the City of Riverton's Community Engagement Committee and 'R' Recreation. Call 'R' Rec at 307-855-2015 for more information or with any questions.

### Hot Notes, Cool Nites

Hot Notes, Cool Nites is a summer concert series in the Lander and Riverton City Parks. The concerts feature performances of the CWC Community Band and professional guest artists. The Band performs programs from a variety of musical genres including classical band works, marches, show tunes, and movie music. All band musicians, regardless of age, are invited to participate





in the CWC Community Band. The Band rehearses at 5:30pm the evening of the concert.

Local musicians who wish to perform in the band should contact Kelly Dehnert [kcdehnert@gmail.com](mailto:kcdehnert@gmail.com) or CWC Band Director Jeremy at [jeremy.bc@hotmail.com](mailto:jeremy.bc@hotmail.com).

Concerts are free and begin at 7pm.

#### **Riverton City Park at 7pm**

Monday June 28, Guest artist Tom Amend Trio

Monday July 12, Guest Artist Maria and the Stingers

Monday July 26, Guest Artist Lights Along The Shore

#### **Lander City Park at 7pm**

Monday July 5, Guest Artist Prairie Wildfire

Monday July 19, Guest Artist Buffalo Bill Boycott

Monday August 2, Guest Artist Lost Springs Band

### **Riverton Little League Fireworks**

Don't miss one of Riverton's finest fireworks shows on Wednesday, June 23 and celebrate the conclusion of the Riverton Little League season. The fireworks show will be at dusk in conjunction with the Championship games and closing ceremonies. Fireworks will be launched near the intersection of Park Avenue and Smith Road.



### **Riverton Swim Club**

The Riverton Swim Club is a competitive USA swim team and is accepting swimmers for the summer session, dates TBD. It is open to all swimmers ages 5 and up who meet the minimum requirements. Practice times are Mon-Thurs from 7:30-9am at the Riverton Aquatic Center. Check out our Learn to Swim pre-competitive program for kids ages 5-8. Contact Heather Hovander at [rivertonswimclub@gmail.com](mailto:rivertonswimclub@gmail.com) for more information or check online at [www.rivertonswimclub.org](http://www.rivertonswimclub.org). Cost will be a flat fee for the summer session.

### **Riverton Happy Days**

Join us for the 2nd annual Riverton Happy Days! Enjoy games and activities, arts and crafts booths, dances, and food vendors as part of the Riverton Rendezvous celebrations at Riverton City Park! Saturday, July 10 from 8am-3pm will be a day filled with community togetherness, local business promotions, family fun and merriment! Check out up-to-date information and events at [goriverton.com](http://goriverton.com)

## **2021 Riverton Rendezvous & Balloon Rally**

### **1838 Rendezvous**

June 30-July 4

1838 Rendezvous Site

### **Treasure Hunt**

TBA

Riverton Ranger - Daily Clues

### **Modeler's Park Fly-In**

July 10-11

Wyoming Modelers Park

### **Happy Days in the Park**

July 10/8am-3pm

Riverton City Park

## **Riverton Balloon Rally**

### **Friday, July 16**

Balloon Launch	6:00 am	CWC Launch Field
Pilot/Sponsor Social	5:00 pm	Riverton Elks Club
Friday Night Cruise	6:00 pm	Sutherlands to Main St.
Celebrity Speaker	6:30 pm	Riverton Elks Club
Candlestick on Main	8:30 pm	Main Street

### **Saturday, July 17**

Kiwanis Pancake Breakfast	6:00 am	CWC Launch Field
Balloon Launch	6:00 am	CWC Launch Field
Tethered Balloon Rides	7:00 am	CWC Launch Field
Car and Bike Show	10 am-4 pm	CWC South Lawn
Heritage Center Activities & Tours	10 am-4 pm	Heritage Museum
Live Music & Food Trucks	7:00 pm	CWC Launch Field
Balloon Glow	8:30 pm	CWC Launch Field
Fireworks	10:00 pm	Airport Hill

### **Sunday, July 18**

Balloon Launch	6:00 am	CWC Launch Field
Tethered Balloon Rides	7:00 am	CWC Launch Field

## **Frozen Dance Camp**

### **Motion Bliss Academy, 316 E. Main Street**

Motion Bliss Academy is offering two different sessions of their summer Frozen Dance Camp! Session one will be June 16, 17, 18 and session two is July 14, 15, 16. Both camps will be from 9am-12pm for dancers ages 3 years and up. The camp will include awesome dancing, fabulous dress up, cool crafts, nutritious snacks and fun games. Cost is \$100. Please call for additional information and to register, 307-258-8523.

Registration opens on June 1 for Motion Bliss fall dance sessions on styles of Creative Movement, Jazz, Ballet, Tap, Contemporary, Lyrical, Hip Hop, all boys Hip Hop and Acrobatic Arts. Registration link can be found on Motion Bliss Academy's FB page.



## Maker Space 307

At Maker Space 307, we foster learning by making. Sometimes making is a collaborative process that requires common space, sometimes making is learning how to use new materials and new equipment to support creative ideas. Making is the best way for people to learn everything from science to art with skills that span traditional to technical. Maker Space 307 has classes for all ages and all levels of experience to learn and to make anything. New classes are entered into our schedule every day. Visit our website at [makerspace307.org](http://makerspace307.org), or at 2255 Brunton court, Riverton, 307-240-3134

## Lander CWC Outreach Youth Opportunities

Alpine Science Institute LEAF Camps  
(Learn, Explore, Adventure, Fun)



These are 3 day camps: 1st-4th grade are day camps and 5th-8th are overnight camps.

Each LEAF camp has a focus: Art/Science/Astronomy, Climb/Bike, Journaling/Writing and Art/Naturalist. In addition to the focus there is art, LNT, games, crafts, archery, water fights, hiking exploring maybe rock climbing and biking, etc. Each class will have specialists from our Lander community (naturalists, birders, science teachers, NOLS instructors, Artists and professional writers).

Art/Science/Astronomy: June 22-24

Journaling/Writing: July 6-8

Art/Naturalist: July 27-29

Climb/Bike: Aug 17-19

### Camp Popo Agie

July 11-17 | For middle school students entering 6-8th grade  
7 day camp/expedition. The first 3 days students stay in dorms at CWC ASI and tackle rock climbing, mountain biking, LNT, Archery, arts and crafts. Students also help with cooking and cleanup.

We also sprinkle camping skills classes during these 3 days so students feel prepared to camp (pack a backpack, using a camp stove, navigation, tent set-up, 7 D's of dumping, purifying water). The last 3 days backpacking in the Winds focusing on leadership, team building, bear camping, flora/fauna, LNT.

## Power up Expedition

June 27-July 2 | For high school students entering 9th-12th grade  
6 day expedition. First day prep and gear setup then go home. Next day pack up gear and head to trailhead for a 5 day expedition into the Wind River Range. Focusing on leadership, team building, camping skills and flora/fauna. A few of these youth might be selected to help with other camps for the remainder of the summer.

## Wacky Fish Camp Night Out

July 19-24 | July 24 youth ages 4-6

August 9-14 | August 14 youth ages 4-6

Free play outside at ASI and in Sinks Canyon. Fun filled with art, nature and creating love for the outdoors.

## Rock Climbing, Games, Hiking, Crafts for Kids

(each class is an individual date)

Friday's from 8am-4pm

June 25, July 9, 23, Aug. 6 & 20

## Rock Climbing for Adults

(each class is an individual date)

Friday evenings 4:30-8:30pm; July 2, July 30, Aug. 13.

## Little Monkeys

Ages 4-7 year olds with a chaperone | 8:30am-12:30pm

June 26, July 10, 24, Aug 7

## Mountain Bike and Camp

Kids who are entering 6th-12th grade

To be determined if we will travel or stay in Lander but the dates are reserved for August 2-5.

## Rent a Community Garden Plot

The Riverton Community Garden is "natural" (pesticides and fertilizers restricted to approved products), the watering is automatic, the soil has been amended with compost.

Gardeners sign one season contracts with the option to renew at the conclusion of each season.

To get an application, set of guidelines and gardening contract, please call 855-2190 or 855-2015.

You may also pick the packet up in the 'R' Recreation Office in the ProTech Building at CWC.

Each plot is \$45 for the 2021 season, \$35 for all returning gardeners.



## Lander Running Club Summer Events

The Lander Running Club is hosting three family-friendly events to promote an active community this summer. Events are free and open to the public. All abilities are welcome.

### Mile Time Trial

Date: June 9 | Time: 7:30pm

Join us at the Lander Valley High School Track for a timed mile. We welcome all ages and abilities. Prizes will be awarded to the top male and female finisher and there will be a door prize drawing for all participants to enter.

**Register at least 48 hours prior to the event:**

<https://forms.gle/3hcKqTZtvmfsY9at8>

Funding provided by the LOR Foundation

### Lemonade and Cookies Run

Date: June 27 | Time: 1pm

Run a 5K (3.1 miles) at a time and location of your choosing on June 27. Then, meet at the Lander Bake Shop and join other runners in the community for a social. Meet new runners and talk about running while enjoying lemonade and cookies.

**Register at least 48 hours prior to the event:**

<https://forms.gle/3hcKqTZtvmfsY9at8>

Funding provided by the LOR Foundation

### Trail Running Clinic

Date: July 10 | Time: 9am

Meet at Bruce's Parking Lot and join Coach Emily Tilden for a 90 minute session running on the Sinks Canyon Nature Trails to learn the basics of trail running. We will talk technique, explore the difference between road and trail running, proper fueling and hydration, and safety considerations.

**Register at least 48 hours prior to the event:**

<https://forms.gle/3hcKqTZtvmfsY9at8>

Door prizes will be provided.

Funding provided by the LOR Foundation



## Lander Half Marathon, 5K and 1M Challenge for Charities

The annual July 4 Lander Half Marathon, 5K & 1M is a family-friendly event supporting our nonprofit community. The half marathon course follows the scenic Baldwin Creek/Squaw Creek loop road. All races start and finish at Centennial

Park on Main Street.

Date: July 4, 2021

Time: 6:00 am Half Marathon

6:30 am 5K Wave Start

8:45 am 1 mile Wave Start

FEES: \$45 for Half marathon until June 27, then \$50

\$30 for 5K until June 27, then \$35

\$15 for 1 Mile

ENTRY FORMS:

**Registration will open no earlier than May 1, 2021.**

<https://www.landercommunityfoundation.org/c4crace>

## Fremont County Fair and Rodeo Saluting Hometown Heros

*See complete schedule at [fremontcountyfair.org](http://fremontcountyfair.org)*



### 35th Annual Fremont County Spring Spectacular

Spectacular Carnival on June 2-6

Jackpot Livestock Shows on June 4-6 and a Bull riding Event on Saturday June 5.

PRE SALE TICKETS ON SALE APRIL 28, 2021

### 1st Annual Fremont County Heritage Festival

Join us for this first annual event on July 20-25.

The annual Carnival will be at the Fremont County Fairgrounds July 20-24. This fabulously fun week will be packed full of activities and conclude with a Fiddle Contest on Sunday, July 25. Watch the website for more information.

### The Fremont County Fair

July 31-August 7

A tentative Schedule of events include the popular Hog N'Mud Wrestling, Fremont Family Day, Kidz Zone, Weiner Dog Races & Dino Dash, Wind River Rodeo Roundup - PRCA Rodeo, Tough Enough To Wear Pink Night, and the Timmy Challenge Bullriding. See a full schedule of events online at [fremontcountyfair.org](http://fremontcountyfair.org).

## Fremont County Museums Where Art Meets History

Located in Fremont County, Wyoming, our museums in Dubois, Lander, and Riverton seek to protect our cherished history and share it with generations to come. Come explore the museums or join us on one of our many programs offered including children's exploration series, adventure treks, discovery speakers and historic building walking tours.

To view the programs happening at the museum closest to you visit our website at [fremontcountymuseums.com](http://fremontcountymuseums.com). Our museums are open Monday-Saturdays 9-5!

## Boys & Girls Club of Riverton When school is OUT, the Club is IN

A Boys & Girls Club in Riverton is projected to open for youth in K-5th grade beginning Monday, August 23 in conjunction with the first day of the '21-22 school year. Boys & Girls Clubs offer after school programming and full day services on School's Out Days (in-service dates, Christmas break, Spring break and summer vacation). The Boys & Girls Club of Riverton will offer a safe, positive environment that creates a sense of belonging through supportive relationships, outcome-based activities, and high expectations. For more information please contact the Boys & Girls Clubs of Central Wyoming at 307-235-4079.

## IMPORTANT INFORMATION

The programs on pages 11-16 are not directly associated with 'R' Recreation but are fantastic opportunities for the City of Riverton. 'R' Recreation does assist with the registration process but the 'R' Recreation registration forms are not used. Keep in mind that **ALMOST ALL** these programs have strict registration deadlines. Therefore, we highly encourage you to get these dates on your calendar and register early to avoid missing out on a great opportunity for you and/or your child.

**Register online and find more detailed information about our outstanding programs at [rrecreation.com](http://rrecreation.com)!**

### 'R' Recreation Mission

The 'R' Recreation Mission is to strengthen our community and enrich the lives of all Riverton Residents by providing affordable and diverse recreational, physical and cultural opportunities with a focus on families, youth development and building healthy communities.

## 2021 Summer Movie Matinées

'R' Recreation will sell the summer movie matinee tickets for Barry Cinemas for the 2021 Movie Matinees. The cost will be \$15 for all 8 movies and they will be shown at the GEM Theater. Movie times will be Thursdays at 1pm. Ticket packets will be available for purchase at the 'R' Recreation office. Ages 2 and under are free if they sit in your lap.

<b>June 10</b> .....	<b>Playing With Fire</b>
<b>June 17</b> .....	<b>Sonic</b>
<b>June 24</b> .....	<b>Trolls World Tour</b>
<b>July 8</b> .....	<b>Kung Fu Panda</b>
<b>July 15</b> .....	<b>Croods 2</b>
<b>July 22</b> .....	<b>Spirit: Stallion of Cimarron</b>
<b>July 29</b> .....	<b>Tom and Jerry</b>
<b>August 5</b> .....	<b>Surprise Movie!</b>



## Riverton Branch Library

1330 W. Park Avenue | 307-856-3556 | Tuesday-Thursday 11am-7pm | Friday 11am-6pm | Saturday 11am-3pm

*Check us out on Facebook, Riverton Branch Library, for up-to-date information on all Riverton events!*

The staff of the Riverton Branch Library is dedicated to offering the Riverton community the best in literature, movies, music, state and national news, programming and online services, including gaming. You can find information on all the cool things they are doing on Facebook at Riverton Branch Library and on Instagram at RBLTEENSCEEN.

### Get Ready...Get Set...Read!

Summer Reading Program theme: Tails and Tales.

*A calendar listing dates and times of these events will be available at registration at the Riverton Library*

#### Summer Reading Programs

The Library's Summer Reading Program is for toddlers up to 18 year olds, which runs from June 1 through July 31. Registration is on a first come, first serve basis and fills up fast. **Registration begins Tuesday, June 1 at the Riverton Branch Library.**

#### Children's Summer Reading Program

*Ages: 12 years old and under*

The Riverton Branch Library Children's Summer Reading Program is for youth ages toddler through 5th grade. Kids are asked to read (or be read to) any book of choice, and record 20 minutes per day. Reading logs will be provided to keep track of all reading information. There will be weekly prizes as well as weekly activities either at the library, online, or take home. **Registration begins Tuesday, June 1, 2021.**

#### Teen Summer Reading

*Ages: 13-18 years old*

The Tween and Teen Reading Program is for middle school and high school aged youth. Participants will be asked to fill out a slip for every book they read (manga is 5 per slip) and place them in a special jar. There will be weekly drawn prizes, as well as BIG prizes for most books read overall. Weekly activities will be either online or take home. **Registration for this program begins on Tuesday, May 25, 2021.**

#### Adult Summer Reading - Tails and Tales

*Ages: 18+ years old*

The Riverton Branch Library Adult Summer Reading Program is open to any adult who would like to participate. Participants will be asked to fill out a slip for every book they read and place them in a special jar. There will be weekly drawn prizes, as well as a Grand Prize at the end of the summer.

#### Magician Extraordinaire, Cody Landstrom

Cost: FREE | Age: Family

On-line access to magic classes throughout the months of June and July.

#### Tails & Tales 3K Trot

Saturday, July 17 | 8am | Cost: \$5 per entrant | Age: All

Registration is required. At registration get a bandana for you and your pet. Join us for a morning walk/run with your pets.

#### Movies on the Lawn

Dates: June 28, July 12, July 26, and August 16

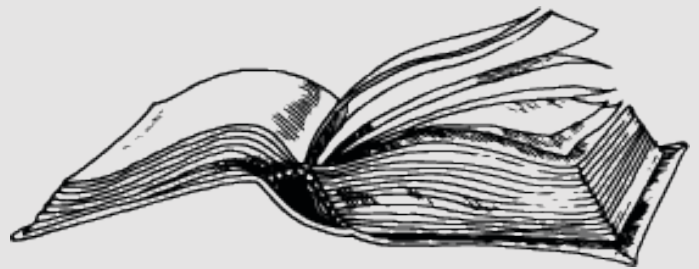
Cost: Free | Age: All

Throughout the summer the Riverton Branch Library will be hosting Movies on the Lawn. We encourage patrons to bring their own snacks and a chair. Keep an eye on our Facebook page for updates, and clues to what movies we will be playing. All movies start at 8:30pm on our outdoor stage.

#### Tale-Spin

Date: TBD | Cost: Free | Age: 21+

Finishing off the summer we have Tale-Spin. Much like the Moth Storytelling, Tale-Spin is all about theme based non-fiction storytelling, in five minutes or less. Enjoy an evening of heartfelt, and humorous tales from both friends and strangers. For more information watch our Facebook page or give us a call.



*Thank you to the Riverton Friends of the Library, and the Fremont County School District #25 Recreation Board for their generous support of our program.*

## Riverton Aquatic Center

### 2021 Summer Schedule/Lessons | June-August

#### DAILY ADMISSION FEES:

Preschool 4 & under: FREE\*  
 Student (K-12): ..... \$2  
 Adult: ..... \$4  
 Senior (55+): ..... \$2

*cash and check only*

#### PUNCH CARDS

Student: ..... \$40  
 Adult: ..... \$60  
 Senior: ..... \$40  
 Family: ..... \$65

#### MEMBERSHIP PASSES

	student/senior	adult	family
1 month	\$20	\$50	\$70
3 month	\$50	\$125	\$170
6 month	\$95	\$240	\$335
Yearly	\$170	\$430	\$540

### SUMMER SCHEDULE

Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-7:30am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Open Swim 1-3pm	Open Swim 1-3pm
9am-Noon	AM Lessons	AM Lessons	AM Lessons	AM Lessons	AM Lessons		
12:15-1:15pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
2-4pm	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim		
5-6pm	PM Lessons	PM Lessons	PM Lessons	PM Lessons	PM Lessons		
6-8pm	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim		

*Schedule is subject to change, without notice. Please call the pool for additional schedule changes.*

### SWIM LESSONS

Cost per session is \$35. Registration will **ONLY** be available at the pool during open hours. **NO** phone registrations will be taken and all registrations must be paid for in full at time of registration. Refunds are only issued if the class is cancelled by the director, otherwise only credit will be given if the student cancels for any reason.

#### Session I

Registration Begins: June 7  
 Dates: June 14 - June 24  
 Times: 6am-8pm

#### Session II

Registration Begins: June 23  
 Dates: July 12 - July 22  
 Times: 6am-8pm

#### Session III

Registration Begins: July 21  
 Dates: August 2 - August 12  
 Times: 6am-8pm

**9am-12pm/5-6pm Monday-Thursday**

Parent/Toddler 1&2 and Preschool 1-3 classes are 30 minutes

Learn to swim Level 1-3 will be 45 minutes

Learn to swim Level 4 & 5 will be 50 minutes

Learn to swim Level 6 & Adult/Teen classes will be 40 minutes

**Private Swim Lessons** - Call 856-4230 for more information about privial lessons and scheduling options



### INFLATABLE OBSTACLE COURSE

**2-4PM AND 6-8PM**

**June 12 | June 25 | July 10 | July 23**  
**July 31 | Aug 13 | Aug 21**

### FRIDAY FUN DAYS

**10AM-12PM**

**Kayaks, H2O Volleyball and Games**



### Aquatic Center Contact Information

307-856-4230  
 2001 West Sunset Dr.  
 Riverton, WY 82501

**2021**  
 SUMMER  
**Register Online**  
 www.rrecreation.com



**FULL PAYMENT DUE  
AT REGISTRATION**

## Registration Form

Participant Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Grade (Fall 21'): \_\_\_\_\_ or NA Gender (Circle): Male or Female

Email Address: \_\_\_\_\_ Cell Number: \_\_\_\_\_  
*(Confirmation will be delivered by email only)* *(Only used for important notices/changes)*

Parent/Guardian Name: \_\_\_\_\_ Cell Number: \_\_\_\_\_  
*(If participant is under 18, please provide us with a parent/guardian name and phone number)*

Emergency Contact: \_\_\_\_\_ Cell Number: \_\_\_\_\_  
*(Only required if you are the participant and/or different from parent/guardian information)*

Class Name	Dates	Days	Times	Location	Cost

I, *initial* \_\_\_\_\_ participant or parent/guardian, hereby give permission for CWC to use the likeness of myself and/or child for promotional purposes, such as newsletters, flyer's, etc.

I, *initial* \_\_\_\_\_ participant or parent/guardian, hereby give permission for any and all medical attention to be administered to myself and/or child in the event of accident, injury, sickness, etc. under the direction of CWC. I also assume the responsibility for the payment of any such treatment. In consideration for the acceptance of myself and/or child's entry, I hereby, for myself, my child, and my heirs, waive and release any and all rights and claims for damages I or my child may have against Central Wyoming College and their representatives and assigns for any and all injuries suffered by myself or my child at any activity sponsored by Central Wyoming College.

I understand that during an activity, myself and/or child's conduct directly affects the good order and safety of the group. I expect myself and/or child to exhibit conduct, and behavior in accordance with institutional rules. I agree that acts such as using tobacco, speaking with profanity, consuming intoxicating drugs or beverages, fighting or stealing cannot be tolerated. I agree to be financially responsible for any loss, damage, loss or use, or costs to persons or property caused by the actions of myself and/or child. If, at the sole discretion of the registered adult leader on an activity, myself and/or child's acts out continual behavior and conduct violates institutional rules and regulations, I understand that myself and/or my child's opportunity to participate will be terminated and arrangements will need to be made to leave the program and facility at such time.

Participant or Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

For information call R Recreation at 855-2015 or 855-2190.

Mail form and full payment to 'R' Recreation/CWC, 2660 Peck Avenue, Riverton, WY 82501 *(Registrations are not accepted without full payment)*

Drop off at CWC Pro Tech Bldg, #101, 8am-5pm weekdays or use the convenient drop-box



# Summer Academy Classes

Summer Academy is a **FREE** opportunity for **Boys & Girls, Grades K-8th** to participate in their choice of classes during 3 weeks in June. Children can participate in one or in as many classes as they would like. Classes sizes are limited and we will not extend beyond these limits. A waiting list will be created once a class is filled. Registrations are not completed until they are in the computer software. For this reason, we highly encourage you to register **ONLINE** to secure your child(s) spot in our classes.

Class content will not change from week to week, therefore, we ask that you do **NOT** sign your child up for the same class week to week. Select classes do have a supply requirement that will be listed within the class description that we ask you respect. To make sure class content is age appropriate, age groups will not be negotiable. 'R' Recreation staff will be available in between classes to assist children if needed, but it is expected that children will be able to walk to and from each class on their own.

We could not be more excited about this summer and all the fantastic classes that are being offered. Our instructors truly stepped up their game and are bringing creative, fun, and intriguing classes that will leave your child never wanting to leave.

Look forward to seeing you this summer!

- 'R' Recreation

## Help us expand our programming?

'R' Recreation is looking for new and fresh ideas from our community. Do you have a hobby or special skills set that you think others would enjoy learning about or participating in? Or are you passionate about a certain sport or perhaps a pro in something fun and want to offer a specific class?

Download and complete our proposal form at  
[rrecreation.com](http://rrecreation.com).

**'R' Recreation will be closed  
Monday, May 31 and Monday, July 5!**

Follow us on Facebook,  
Twitter and Instagram!  
@R-Recreation



## NON-DISCRIMINATION STATEMENT

Consistent with its mission to value diversity and to treat all individuals with dignity and respect, Central Wyoming College does not discriminate on the basis of race, color, national origin, ancestry, sex, age, religion, or disability in admission or access to, or treatment or employment in its educational program services or activities. The college makes reasonable accommodations to serve students with special needs and offers services to students who have the ability to benefit.

Inquiries concerning Title VI, Title IX, or Section 504 of the Rehabilitation Act may be referred to the Executive Director of Human Resources at Central Wyoming College, 2660 Peck Avenue, Riverton, Wyoming 82501, (307) 855-2112 or 1-800-735-8418 (instate) or the Western Division Office for Civil Rights, Office of Civil Rights, Denver Office, U.S. Department of Education, Federal Building, Suite 310, 08-7010, 1244 Speer Boulevard, Denver, CO 80204-3582, (303) 844-5696, Fax (303) 844-4303, TDD (303) 844-3417, email [OCR\\_Denver@ed.gov](mailto:OCR_Denver@ed.gov).

The spirit of free inquiry, which characterizes the educational environment, must be allowed to flourish within the context of mutual respect and civil discourse. Discriminatory, threatening, or harassing behavior against any group or individual based on, but not limited to, gender, color, disability, sexual orientation, religious preference, national origin, ancestry, or age, will not be tolerated.

CLASS	TIME	AGES	LOCATION	DESCRIPTION
<b>Intro to Acting</b> <i>Cameron Fehring</i>	8-9am	3rd-5th	CWC Dance Studio (ART 138)	Let your inner star shine! If you are interested in acting then this fun, high-energy class is for you. Students will begin to explore the art of acting for the stage by completing exercises, warm-ups, games and working together to create scenes. Limit 12
<b>AP Bottle Racer</b> <i>Brian Shultz</i>	8-9am	5th-8th	CWC MH 137	Students will build and decorate a bottle racer car. Participants will construct their car from a sweet kit and can then use paint, stickers or decals to personalize it. There will be a “derby” with prizes for the fastest car and the most attractive. Limit 12
<b>Claymation</b> <i>Jeremy Nielsen</i>	9-10am	1st-4th	CWC MH 169	This new class is designed for students who enjoy hands-on learning and technology. With a focus on storytelling, creating simple clay characters, 3D world and animation, students will learn a fun new skill to help them express themselves. Limit 9
<b>Dino Club</b> <i>Lindy Nielsen</i>	9-10am	1st-3rd	CWC Main Hall 167	Calling all paleontologists! Come have a roaring good time with like-minded dino lovers, as we dive into a prehistoric world filled with fun. We will keep field notes, draw, excavate fossils and learn about our favorite dinosaurs. Limit 10
<b>Edible Science</b> <i>Robyn Beers</i>	9-10am	2nd-5th	CWC MH 161	This class is full of hands-on science experiments that are always a hit with the kids! And to make them super fun, we make them delicious, too. Join us in this class for science projects that are actually good enough to eat! Limit 10
<b>Pack Your Bag</b> <i>Connie Murray</i>	9-10am	3rd-5th	CWC MH 179	Join us as we turn a t-shirt into a great tote bag. Students will need to bring a new or used t-shirt with a great design on the front for each tote they want to make. We will do some simple crafting to make a great bag and then we will see about adding some little travel extras. Limit 12
<b>Dr. Slueth</b> <i>Ella Hauck</i>	9-10am	5th-8th	CWC MH 177	This course will be high intensity and perfect for the mystery loving detective. We will solve cases by using finger printing, solving secret codes, crawling through obstacle courses, and using the power of our own minds! Limit 10
<b>Hot Air Balloons</b> <i>Brian Shultz</i>	9-10am	5th-8th	CWC MH 137	Explore the physics of hot air flight. Students will build a high flying hot air balloon. IT REALLY DOES FLY! Students must be able to follow directions and work diligently to be a participant in this class due to precise directions. Limit 12
<b>Intro to Acting</b> <i>Cameron Fehring</i>	9-10am	6th-8th	CWC Dance Studio (ART 138)	Let your inner star shine! If you are interested in acting then this fun, high-energy class is for you. Students will begin to explore the art of acting for the stage by completing exercises, warm-ups, games and working together to create scenes. Limit 12
<b>Out Of This World</b> <i>Lindy Nielsen</i>	10-11am	1st-3rd	CWC MH 167	Little astronauts get ready to blast off into space and explore the universe! This course will be a hands-on opportunity for space lovers to learn more about our solar system, constellations, rockets and more through art, building and even food. Limit 10

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<b>Star Wars: Table Top RPG</b> <i>Jeremy Nielson</i>	10-11am	3rd-5th	CWC MH 169	Do you love Star Wars? Do you love games? In this class you will play a character in the Star Wars universe, join a group of adventurers, and head off on an adventure filled with excitement, dice and most of all...the Force. <i>Limit 8</i>
<b>Patriotic 4th of July Crafts</b> <i>Robyn Beers</i>	10-11am	3rd-5th	CWC MH 161	Red, white and blue ~ I salute you! There's so much more to the holiday than just fireworks. Come and join the fun, show your patriotism and make some holiday crafts to decorate your room or house for the 4th of July. <i>Limit 10</i>
<b>Theatre Movement</b> <i>Cameron Febring</i>	10-11am	3rd-8th	CWC Dance Studio (ART 138)	Create a character with your body! Students will learn techniques that professional actors and dancers use to help them create unique movement, various looks and get some good exercise while doing it. Bring your flair and all that is uniquely YOU! <i>Limit 10</i>
<b>Upcycled Glass</b> <i>Connie Murray</i>	10-11am	5th-8th	CWC MH 179	In this popular class, your littles will learn to turn plain, clear glass, which is both new and previously used, in to an absolutely beautiful and colorful piece that is one-of-a-kind, just like the individual who made it! <i>Limit 12</i>
<b>Rocketry Water Rockets</b> <i>Brian Shultz</i>	10-11am	5th-8th	CWC MH 137	Another fun rocketry class. Students will build a rocket using a plastic bottle. They will fly these rockets using water and air pressure. Participants could possibly get wet in the class so dress accordingly! <i>Limit 12</i>
<b>Book Club</b> <i>Robyn Beers</i>	11am-12	1st-3rd	CWC MH 161	Let's read and explore the amazing world around us with a week-long "book club". The pages will come alive with fun projects to go along with the books and help illustrate the story through your child's own creative expression. <i>Limit 10</i>
<b>For The Birds</b> <i>Connie Murray</i>	11am-12	1st-3rd	CWC MH 179	Our feathered friends always welcome a cool spot to hang out. Students will put together an amazing retreat for the birds to use when they visit your home. Start with a welcoming guest room and some fresh food then wait to see if they won't just stay around so that you can keep an eye on them and enjoy their presence. <i>Limit 10</i>
<b>Out Of This World</b> <i>Lindy Nielsen</i>	11am-12	3rd-5th	CWC MH 167	Is it your dream to be an astronaut? Are you curious about space? Then get ready to blast off into space and explore the universe! This course will be a hands-on opportunity for space lovers to learn more about our solar system, constellations, rockets and more through art, building and even food. <i>Limit 10</i>
<b>Behind The Scenes</b> <i>Cameron Febring</i>	11am-12	3rd-8th	CWC Scene Shop	If you have always wondered how the looks of a movie and theater set are created then this class is just what you want! This introductory class will have you recreating textures like brick, stone and marble with simple painting techniques. (This class will meet outside of the Dance Studio on the first day to walk to the Scene Shop – please wait here for your instructor!) <i>Limit 12</i>
<b>Star Wars: Table Top RPG</b> <i>Jeremy Nielson</i>	11am-12	5th-8th	CWC MH 169	Do you love Star Wars? Do you love games? In this class you will play a character in the Star Wars universe, join a group of adventurers, and head off on an adventure filled with excitement, dice and most of all...the Force. <i>Limit 8</i>

10-11am

11am-Noon



CLASS	TIME	AGES	LOCATION	DESCRIPTION
<b>Let's Kick It</b> <i>Ella Hauck</i>	11am-12	5th-8th	CWC MH 177	Need a break from being inside all morning in Summer Academy? Let's head outside and play some of your favorite games! We are going to burn some energy off and have tons of fun. We will play kickball, have water balloon fights, compete in relay races, and so many more exciting activities! <i>Limit 12</i>
<b>Rocketry Solid Fuel</b> <i>Brian Shultz</i>	11am-12	5th-8th	CWC MH 137	Students will be building and flying Estes rocket kits. This high-flying activity is an annual favorite. Students will get to keep the rocket that they build in this course. Students should have a strong interest in the science of flight as it will be explained and discussed in depth. <i>Limit 12</i>
<b>Lunch</b>	12-12:40	All	CWC Picnic Area	School Dist. 25 will provide a free lunch to school aged children and \$3 for any adults who would like to join them. A full daily menu can be viewed on the school district website <a href="http://www.fremont25.org">www.fremont25.org</a> . Please be sure to thank them!
<b>Feast of the 5 Senses</b> <i>Lindy Nielsen</i>	1-2pm	3rd-5th	CWC MH 167	Breathe in, observe, taste, feel, and listen as you experience your senses in a fun and unique way! Our senses play a vital role in our everyday life. Join us for the action packed week filled with activities to help us learn more about our five senses and how they work. This will be a silly and explorative class full of laughter and learning. <i>Limit 10</i>
<b>Sport Cup Stacking</b> <i>Phyllis Zenk</i>	1-2pm	3rd-5th	CWC MH 181	Are you ready to try your hands at sport stacking and have a ton of fun doing it? Cup Stacking is an exceptional activity to develop hand-eye coordination, focus, concentration and ambidexterity. It's a sport that everyone can learn and, with practice, improve your times as you challenge yourself each round. You will learn the 3-3-3 stack, the 3-6-3 stack, the cycle stack and rapid fire. <i>Limit 12</i>
<b>Screenwriting 101</b> <i>Jeremy Nielsen</i>	1-2pm	4th-8th	CWC MH 169	Have you ever watched a movie and wondered, "who thought this whole thing up?" Well, these people are called screenwriters, and they get to create the whole story and characters in the movies. This is your chance to learn screenwriting styles and write your own short screenplay. <i>Limit 10</i>
<b>Faux Stained Glass</b> <i>Connie Murray</i>	1-2pm	4th-8th	CWC MH 179	Stained glass is a beautiful but time consuming art form. In this class students will simplify it by faking it! Participants will turn some everyday objects into multicolored designs that everyone will admire and enjoy, and they will do it in just days! <i>Limit 12</i>
<b>Blanket Makin'</b> <i>Ella Hauck</i>	1-2pm	5th-8th	CWC MH 177	This class is for the person who wants an introduction to sewing, but also has a passion for serving other people! During the course of the week, students will work together to create a baby blanket for a member of our community that is in need. Together the class will create a blanket pattern, measure and create quilt blocks, tie the blanket, and bind it all together! <i>Limit 10</i>
<b>Introduction to Stage Make-Up</b> <i>Cameron Febring</i>	1-2pm	6th-8th	CWC Make-Up Room	This class will experiment in creating basics, old age, fantasy and wound makeup. Get ready to be amazed by the makeup techniques you will learn. Have a character from a book, movie, or videogame that you want to cosplay? Students will begin to explore the vast craft of special effects makeup. (This class will meet outside of the Dance Studio on the first day to walk to the Makeup Room - please wait here for your instructor!) <i>Limit 12</i>

CLASS	TIME	AGES	LOCATION	DESCRIPTION
<b>Sport Cup Stacking</b> <i>Phyllis Zenk</i>	2-3pm	3rd-8th	CWC MH 181	Are you ready to try your hands at sport stacking and have a ton of fun doing it? Cup Stacking is an exceptional activity to develop hand-eye coordination, focus, concentration and ambidexterity. It's a sport that everyone can learn and, with practice, improve your times as you challenge yourself each round. You will learn the 3-3-3 stack, the 3-6-3 stack, the cycle stack and rapid fire. <i>Limit 12</i>
<b>Lights, Camera, Action: Make Your Own Movie</b> <i>Jeremy Nielsen</i>	2-3pm	4th-8th	CWC MH 169	Ever wanted to make your own movie? Learn how movies are made, then make one of your own. Students will explore cameras, directing, acting and editing for movies and together the class will make a movie in 1 week. <i>Limit 10</i>
<b>Video Games in Real Life: Fortnite</b> <i>Ella Hauck</i>	2-3pm	5th-8th	CWC MH 177	In this class we will be bringing your favorite video game to life! Fortnite may require quick finger action, but this class requires quick brain and whole body action. We will create our own unique Fortnite skins, have Fortnite dancing battles, squad building and strength challenges, and construction challenges. Leave the controller behind and join us for a week of fun! <i>Limit 10</i>
<b>Bee My Honey</b> <i>Connie Murray</i>	2-3pm	5th-8th	CWC MH 179	Although bees are an important part of food production, they are most well known for producing honey and wax. This honey and wax can be used to make some very nice beauty products that can make a girl's life more elegant. In this class we will create some fun little 'extras' using honey. <i>Limit 10</i>
<b>Calm the Chaos!</b> <i>Lindy Nielsen</i>	2-3pm	5th-8th	CWC MH 167	Sometimes life gets busy and it is easy to feel rushed or overwhelmed. Each day students will step into a spa-like environment designed as a retreat from the hustle and bustle of daily stress. We will examine and practice various techniques that may help ease stress and improve relaxation; including mindfulness, breathwork, meditation, and more. <i>Limit 12</i>
<b>Acting for Performance (Class 1 of 3)</b> <i>Cameron Febring</i>	2-3pm	6th-8th	CWC Dance Studio (ART 138)	Students will experience the entire process of putting on a theater show, including creative expression, blocking, memorization and performance. Students must be able to attend all 3 weeks of classes as this will culminate in a showcase on Thursday, June 24. Students must commit to weeks 2 and 3 to enroll in this class.

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<b>AP Bottle Racer</b> <i>Brian Shultz</i>	8-9am	5th-8th	CWC MH 137	Students will build and decorate a bottle racer car. Participants will construct their car from a sweet kit and can then use paint, stickers or decals to personalize it. There will be a “derby” with prizes for the fastest car and the most attractive. <i>Limit 12</i>
<b>Becoming a Superhero</b> <i>Lindy Nielsen</i>	9-10am	1st-3rd	CWC MH 167	Unleash your inner superhero! Learners in this class will have an opportunity to discuss characteristics that make the world's best superheroes. We will also create our own superhero and then design and create costumes. <i>Limit 10</i>
<b>Brain Warp</b> <i>Michaela Kechter</i>	9-10am	1st-3rd	CWC MH 179	What will happen if you put mentos in soda pop? What's the best way to make the best slime? These are just a couple of questions that will be answered during this awesome class! We will conduct various science experiments during the class's 4 days. If you love science and enjoy experimenting with different substances and objects, then this class is the perfect fit for you! <i>Limit 10</i>
<b>Messy Science</b> <i>Robyn Beers</i>	9-10am	2nd-5th	CWC MH 161	Let's explore all the different things you can do with gummy worms, lemons, rice and watermelons! Students will explore, create and think outside the box as they work with a variety of elements. Some of the projects will be messy, so dress accordingly. <i>Limit 10</i>
<b>Team Building</b> <i>Tiana Payne</i>	9-10am	3rd-5th	CWC MH 181	Have you ever heard the saying “team work makes the dream work”? In this class we will test that theory through energetic games and activities that illustrate and teach the importance of working together to reach a common goal. <i>Limit 10</i>
<b>Star Wars: Table-Top RPG</b> <i>Jeremy Nielson</i>	9-10am	4th-6th	CWC MH 169	Do you love Star Wars? Do you love games? In this class you will play a character in the Star Wars universe, join a group of adventurers, and head off on an adventure filled with excitement, dice and most of all...the Force. <i>Limit 8</i>
<b>‘Totally’ Responsible Science</b> <i>Ella Hauck</i>	9-10am	5th-8th	CWC MH 177	What do you get when you combine exploding watermelons, self-inflating balloons, and coke bottles? A “totally” awesome summer academy class. During this class we will be using our brains to design and perform explosively fun experiments. <i>Limit 10</i>
<b>Delta Dart Model Airplane</b> <i>Brian Shultz</i>	9-10am	5th-8th	CWC MH 137	In this activity students will build and fly their own model airplane. The class will include contests for flight distance and flight duration. Students must be able to demonstrate patience and attention to detail to participate in this class. <i>Limit 12</i>
<b>Intro to Acting</b> <i>Cameron Febring</i>	9-10am	6th-8th	CWC Dance Studio (ART 138)	Let your inner star shine! If you are interested in acting then this fun, high-energy class is for you. Students will begin to explore the art of acting for the stage, basics of performing and creative expression by completing exercises, warm-ups, games and working together to create scenes. <i>Limit 12</i>



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<b>Claymation</b> <i>Jeremy Nielsen</i>	10-11am	1st-4th	CWC MH 169	This new class is designed for students who enjoy hands-on learning and technology. With a focus on storytelling, creating simple clay characters, 3D world and animation, students will learn a fun new skill to help them express themselves. <i>Limit 9</i>
<b>Friendship Bracelets</b> <i>Tiana Payne</i>	10-11am	3rd-5th	CWC MH 181	In this class students will learn how to make matching bracelets for them and their best friends. We will cover how to measure the thread, how to braid and knot the thread to make patterns. Each bracelet will be created uniquely. <i>Limit 10</i>
<b>Edible Science</b> <i>Robyn Beers</i>	10-11am	3rd-5th	CWC MH 161	Learning about science can be both fun and tasty! The only thing better than learning science is to do it through food experiments! Participants in this class will learn about soil layers, DNA, phases of the moon and how ice cream is made! <i>Limit 10</i>
<b>Theater Movement</b> <i>Cameron Febring</i>	10-11am	3rd-8th	CWC Dance Studio (ART 138)	Create a character with your body, actions, and facial expressions! Students will learn techniques that professional actors and dancers use to help them create unique movement, various looks and get some good exercise while doing it. Bring your flair and all that makes you uniquely YOU! <i>Limit 12</i>
<b>Pet Palooza</b> <i>Michaela Kechter</i>	10-11am	4th-8th	CWC MH 179	Do you have a furry friend that you love to spoil? Then this class is for you! This class is tailored for those who have a beloved dog or cat. We will be making animal beds and decorating collars and treat containers for your fur babies. If you love your animals as much as we do, join this fun class! <i>Limit 10</i>
<b>Rocketry Water Rockets</b> <i>Brian Shultz</i>	10-11am	5th-8th	CWC MH 137	Another fun rocketry class. Students will build a rocket using a plastic bottle. They will fly these rockets using water and air pressure. Could possibly get wet in the class so dress accordingly! <i>Limit 12</i>
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<b>No Bake Foods</b> <i>Robyn Beers</i>	11am-12	1st-3rd	CWC MH 161	These delicious foods are so easy to make. Check out all the foods you can make without using an oven or stove; perfect for these hot months of summer! A different treat will be made each day where students will learn measuring, mixing and creating. <i>Limit 10</i>
<b>Introduction to Gardening</b> <i>Tiana Payne</i>	11am-12	3rd-5th	CWC MH 181	Planting a garden requires patience, and perseverance. Caring for a living thing, watching it grow and thrive, and reaping the harvest teaches respect, pride, and commitment. Sprout heads, grass caterpillars, garden seed bombs and frequent trips to the community garden are all part of this class. If you enjoy playing in the dirt this class is for you! <i>Limit 10</i>
<b>Brain Warp</b> <i>Michaela Kechter</i>	11am-12	3rd-6th	CWC MH 179	What will happen if you put mentos in soda pop? What's the best way to make the best slime? These are just a couple of questions that will be answered during this awesome class! We will conduct various science experiments during the class's four days. If you love science and enjoy experimenting with different substances and objects, then this class is the perfect fit for you! <i>Limit 10</i>
<b>Behind The Scenes</b> <i>Cameron Fehring</i>	11am-12	3rd-8th	CWC Scene Shop	If you have always wondered how the looks of a movie and theater set are created then this class is just what you want! This introductory class will have you recreating textures like brick, stone and marble with simple painting techniques. (This class will meet outside of the Dance Studio on the first day to walk to the Scene Shop – please wait here for your instructor!) <i>Limit 12</i>
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<b>Lunch</b>	12-12:40	All	CWC Picnic Area	School Dist. 25 will provide a free lunch to school aged children and \$3 for any adults who would like to join them. A full daily menu can be viewed on the school district website <a href="http://www.fremont25.org">www.fremont25.org</a> . Please be sure to thank them!
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<b>Screenwriting 101</b> <i>Jeremy Nielsen</i>	1-2pm	4th-8th	CWC MH 169	Have you ever watched a movie and wondered, “who thought this whole thing up?” Well, these people are called screenwriters, and they get to create the whole story and characters in the movies. This is your chance to learn screenwriting styles and write your own short screenplay. <i>Limit 10</i>

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<b>Fine Designs Jewelry Creations</b> <i>Michaela Kechter</i>	1-2pm	4th-8th	CWC MH 179	Do you love to wear jewelry and/or give jewelry as gifts to your loved ones? If yes, then join this fun and hands-on class! During this class we will be creating everything from necklaces to earrings! Tap into your creative side and register! <i>Limit 10</i>
<b>Outside Art</b> <i>Connie Murray</i>	1-2pm	4th-8th	CWC MH 181	There are lots of ways we can use a few readily available items to help spruce up and beautify the out-of-doors area around the house and garden. Participants will spend time customizing outdoor decorations to make some unique "artwork" to beautify your favorite outdoor space. <i>Limit 12</i>
<b>I &lt;3 Me</b> <i>Lindy Nielsen</i>	1-2pm	5th-8th	CWC MH 167	This self-exploratory course is dedicated to helping you get to know yourself a little better. Personality tests, customized affirmations, exploring the power of positivity, creating gratitude jars heart mapping and other activities are designed to increase self-confidence and help you identify your amazing strengths, all while having a total blast. <i>Limit 12</i>
<b>Video Games in Real Life: Fortnite</b> <i>Ella Hauck</i>	1-2pm	5th-8th	CWC MH 177	In this class we will be bringing your favorite video game to life! Fortnite may require quick finger action, but this class requires quick brain and whole body action. We will create our own unique Fortnite skins, have Fortnite dancing battles, squad building and strength challenges, and construction challenges. Leave the controller behind and join us for a week of fun! <i>Limit 12</i>
<b>Spa Science</b> <i>Michaela Kechter</i>	2-3pm	4th-8th	CWC MH 179	Shiny Bubbles. Bright Colors. Yummy Smells. Feeling Awesome. These are just a few ways to describe this great class! If you want to learn how to make bath bombs, chapstick, face masks, and fizzy bath salts then this class is right up your al-ley! <i>Limit 12</i>
<b>Pack Your Bag</b> <i>Connie Murray</i>	2-3pm	4th-8th	CWC MH 181	Join us as we turn a t-shirt into a great tote bag. Students will need to bring a new or used t-shirt with a great design on the front for each tote they want to make. We will do some simple crafting to make a great bag and then we will see about adding some little travel extras. <i>Limit 12</i>
<b>Lights, Camera, Action: Make Your Own Movie</b> <i>Jeremy Nielsen</i>	2-3pm	4th-8th	CWC MH 169	Ever wanted to make your own movie? Learn how movies are made, then make one of your own. Students will explore cameras, directing, acting and editing for movies and together the class will make a movie in 1 week. <i>Limit 10</i>
<b>Dr. Slueth</b> <i>Ella Hauck</i>	2-3pm	5th-8th	CWC MH 177	This course will be high intensity and perfect for the mystery loving detective. We will solve cases by using finger printing, solving secret codes, crawling through obstacle courses, and using the power of our own minds! <i>Limit 10</i>
<b>Calm the Chaos!</b> <i>Lindy Nielsen</i>	2-3pm	5th-8th	CWC MH 167	Sometimes life gets busy and it is easy to feel rushed or overwhelmed. Each day students will step into a spa-like environment designed as a retreat from the hustle and busle of daily stress. We will examine and practice various techniques that may help ease stress and improve relaxation; including mindfulness, breathwork, meditation, and more. <i>Limit 12</i>
<b>Acting for Performance (Class 2 of 3)</b> <i>Cameron Febring</i>	2-3pm	6th-8th	CWC Dance Studio (ART 138)	Students will experience the entire process of putting on a theater show, including creative expression, blocking, memorization and performance. Students must be able to attend all 3 weeks of classes as this will culminate in a showcase on Thursday, June 24th. Only students enrolled in week 1 and 3 can participate in this class.

1-2pm

2-3pm



CLASS	TIME	AGES	LOCATION	DESCRIPTION
<b>Intro to Acting</b> <i>Cameron Fehring</i>	8-9am	3rd-5th	CWC Dance Studio (ART 138)	Let your inner star shine! If you are interested in acting then this fun, high-energy class is for you. Students will begin to explore the art of acting for the stage by completing exercises, warm-ups, games and working together to create scenes. <i>Limit 12</i>
<b>Delta Dart Model Airplane</b> <i>Brian Shultz</i>	8-9am	5th-8th	CWC MH 137	In this activity students will build and fly their own model airplane. The class will include contests for flight distance and flight duration. Students must be able to demonstrate patience and attention to detail to participate in this class. <i>Limit 12</i>
<b>Chalk It Up</b> <i>Ella Hauck</i>	9-10am	1st-3rd	CWC MH 177	During this course we will create individual and group sidewalk chalk murals. We will use different techniques to create a beautiful array of art. Members of this class will come up with and create their own mural themes. All artistic capabilities are welcome! <i>Limit 10</i>
<b>Messy Science</b> <i>Robyn Beers</i>	9-10am	1st-5th	CWC MH 161	Let's explore all the different things you can do with gummy worms, lemons, rice and watermelons! Students will explore, create and think outside the box as they work with a variety of elements. Some of the projects will be messy, so dress accordingly. <i>Limit 10</i>
<b>Friendship Bracelets</b> <i>Tiana Payne</i>	9-10am	3rd-5th	CWC MH 181	In this class students will learn how to make matching bracelets for them and their best friends. We will cover how to measure the thread, how to braid and knot the thread to make patterns. Each bracelet will be created uniquely. <i>Limit 10</i>
<b>Botany &amp; Bugs; Buttons, Beads &amp; Sticks</b> <i>Joy Pettit</i>	9-10am	3rd-8th	CWC MH 179	Let's add a little color to your porch & patio! This botany inspired class will have you creating your own flower pots, flower planting included! We will craft darling, friendly bugs using buttons, beads & sticks to add some extra BLING to your potted flowers. Your creations are sure to brighten your summer or would make a lovely gift for that someone special. <i>Limit 12</i>
<b>Hot Air Balloons</b> <i>Brian Shultz</i>	9-10am	5th-8th	CWC MH 137	Explore the physics of hot air flight. Students will build a high flying hot air balloon. IT REALLY DOES FLY! Students must be able to follow directions and work diligently to be a participant in this class due to precise directions. <i>Limit 12</i>
<b>Intro to Acting</b> <i>Cameron Fehring</i>	9-10am	6th-8th	CWC Dance Studio (ART 138)	Let your inner star shine! If you are interested in acting then this fun, high-energy class is for you. Students will begin to explore the art of acting for the stage by completing exercises, warm-ups, games and working together to create scenes. <i>Limit 12</i>
<b>Introduction to Gardening</b> <i>Tiana Payne</i>	10-11am	1st-3rd	CWC MH 181	Planting a garden requires patience, and perseverance. Caring for a living thing, watching it grow and thrive, and reaping the harvest teaches respect, pride, and commitment. Sprout heads, grass caterpillars, garden seed bombs and frequent trips to the community garden are all part of this class. If you enjoy playing in the dirt this class is for you! <i>Limit 10</i>
<b>Edible Science</b> <i>Robyn Beers</i>	10-11am	1st-3rd	CWC MH 161	Learning about science can be both fun and tasty! The only thing better than learning science is to do it through food experiments! Participants in this class will learn about soil layers, DNA, phases of the moon and how ice cream is made! <i>Limit 10</i>

CLASS	TIME	AGES	LOCATION	DESCRIPTION
<b>Mid-Morning Snack Attack</b> <i>Joy Pettit</i>	10-11am	3rd-8th	CWC MH 179	Quick, easy, and healthy snacks to curb that mid-morning grumble you might be feeling. Each day we will make a different yummy snack that will give you an energy boost and help you make it to the lunch hour or maybe even give you an added advantage to compete in the Endurance 2021 class! Please note: if you have food allergies, please choose an alternative class to take during this hour.
<b>Theater Movement</b> <i>Cameron Fehring</i>	10-11am	3rd-8th	CWC Dance Studio (ART 138)	Create a character with your body, actions, and facial expressions! Students will learn techniques that professional actors and dancers use to help them create unique movement, various looks and get some good exercise while doing it. Bring your flair and all that makes you uniquely YOU! <i>Limit 12</i>
<b>Dr. Slueth</b> <i>Ella Hauck</i>	10-11am	5th-8th	CWC MH 177	This course will be high intensity and perfect for the mystery loving detective. We will solve cases by using finger printing, solving secret codes, crawling through obstacle courses, and using the power of our own minds! <i>Limit 10</i>
<b>Rocketry Water Rockets</b> <i>Brian Shultz</i>	10-11am	5th-8th	CWC ART 137	Another fun rocketry class. Students will build a rocket using a plastic bottle. They will fly these rockets using water and air pressure. Participants could possibly get wet in the class so dress accordingly! <i>Limit 12</i>
<b>Team Building</b> <i>Tiana Payne</i>	11-12am	1st-3rd	CWC MH 181	Have you ever heard the saying "team work makes the dream work"? In this class we will test that theory through energetic games and activities that illustrate and teach the importance of working together to reach a common goal. <i>Limit 10</i>
<b>Book Club</b> <i>Robyn Beers</i>	11am-12	1st-3rd	CWC MH 161	Let's read and explore the amazing world around us with a week-long "book club". The pages will come alive with fun projects to go along with the books and help illustrate the story through your child's own creative expression. <i>Limit 10</i>
<b>Behind The Scenes</b> <i>Cameron Fehring</i>	11am-12	3rd-8th	CWC Dance Studio (ART 138)	If you have always wondered how the looks of a movie and theater set are created then this class is just what you want! This introductory class will have you recreating textures like brick, stone and marble with simple painting techniques. (This class will meet outside of the Dance Studio on the first day to walk to the Scene Shop – please wait here for your instructor!) <i>Limit 12</i>
<b>Endurance 2021</b> <i>Joy Pettit</i>	11am-12	3rd-8th	CWC MH 179	Do you have the ENDURANCE to survive and thrive? This class will have you challenging yourself and teammates physically and mentally to win pyramid pieces that represent 13 essential inner qualities: Strength, Heart, Courage, Perseverance, Luck, Trust, Leadership, Discipline, Knowledge, Commitment, Teamwork, Ingenuity, and Friendship. Teams will also compete in the "Temple of Fate", where you will go head to head in a strategic mind-bending game of Wood-Water-Fire! The team that collects all 13 pieces become the ENDURANCE champions for the 2021 'R' Rec Summer Academy. <i>Limit 12</i>
<b>Let's Kick It</b> <i>Ella Hauck</i>	11am-12	5th-8th	CWC MH 177	Need a break from being inside all morning in Summer Academy? Let's head outside and play some of your favorite games! We are going to burn some energy off and have tons of fun. We will play kickball, have water balloon fights, compete in relay races, and so many more exciting activities! <i>Limit 12</i>
<b>Rocketry Solid Fuel</b> <i>Brian Shultz</i>	11am-12	5th-8th	CWC MH 137	Students will be building and flying Estes rocket kits. This high-flying activity is an annual favorite. Students will get to keep the rocket that they build in this course. Students should have a strong interest in the science of flight as it will be explained and discussed in depth. <i>Limit 12</i>

10-11am

11am-Noon

CLASS	TIME	AGES	LOCATION	DESCRIPTION
<b>Lunch</b>	12-12:40	All	CWC picnic Area	School Dist. 25 will provide a free lunch to school aged children and \$3 for any adults who would like to join them. A full daily menu can be viewed on the school district website <a href="http://www.fremont25.org">www.fremont25.org</a> . Please be sure to thank them!
<b>Video Games in Real Life: Fortnite</b> <i>Ella Hauck</i>	1-2pm	5th-8th	CWC MH 177	In this class we will be bringing your favorite video game to life! Fortnite may require quick finger action, but this class requires quick brain and whole body action. We will create our own unique Fortnite skins, have Fortnite dancing battles, squad building and strength challenges, and construction challenges. Leave the controller behind and join us for a week of fun! <i>Limit 12</i>
<b>Five I's, Five C's</b> <i>Joy Pettit</i>	1-2pm	5th-8th	CWC MH 179	Do you possess the five I's (Inspiration, Ideas, Ingenuity, Insight & Innovations) and the five C's (Creativity, Critical Thinking, Collaboration, Confidence & Communication)? If not, would you like to know how to gain these new skills? Exciting challenges and competitions throughout the week will help build these essential learning skills. While working in teams, you will start to build and/or strengthen the five I's and C's! A week guaranteed to be thought provoking and exhilarating! <i>Limit 12</i>
<b>Introduction to Stage Make-Up</b> <i>Cameron Febring</i>	1-2pm	6th-8th	CWC Dance Studio (ART 138)	This class will experiment in creating basics, old age, fantasy and wound makeup. Get ready to be amazed by the makeup techniques you will learn. Have a character from a book, movie, or videogame that you want to cosplay? Students will begin to explore the vast craft of special effects makeup. (This class will meet outside of the Dance Studio on the first day to walk to the Makeup Room – please wait here for your instructor!) <i>Limit 12</i>
<b>“Totally” Responsible Science</b> <i>Ella Hauck</i>	2-3pm	5th-8th	CWC MH 177	What do you get when you combine exploding watermelons, self-inflating balloons, and coke bottles? A “totally” awesome summer academy class. During this class we will be using our brains to design and perform explosively fun experiments. <i>Limit 12</i>
<b>Duct Tape Team Building</b> <i>Joy Pettit</i>	2-3pm	5th-8th	CWC MH 179	Are you a part of a team? Sure you are!!! Every day in fact; think not just sports but also school, family, friends, church, and clubs! With a roll of duct tape, you will learn skills such as leadership, trust, cooperation, creativity, and problem solving, all while building self-confidence to make sure your “teams” stick together and succeed. <i>Limit 12</i>
<b>Acting for Performance (Class 3 of 3)</b> <i>Cameron Febring</i>	2-3pm	6th-8th	CWC Dance Studio (ART 138)	Students will experience the entire process of putting on a theater show, including creative expression, blocking, memorization and performance. Students must be able to attend all 3 weeks of classes as this will culminate in a showcase on Thursday, June 24th. Only students enrolled in weeks 1 and 2 can participate in this class.



# THANK YOU!

'R' Recreation would like to thank the District 25 Recreation Board for generously supporting and providing funding for Summer Academy.



## **'R' Recreation Mission Statement**

The 'R' Recreation Mission is to strengthen our community and enrich the lives of all Riverton residents by providing affordable and diverse recreational, physical and cultural opportunities with a focus on families, youth development and building healthy communities.

# 2021 Summer Academy Classes

## Registration Form (or register online at [rrecreation.com](http://rrecreation.com))

Participant Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Grade (*Fall of 21'*): \_\_\_\_\_ Gender (*Circle*): Male or Female

Email Address: \_\_\_\_\_ Cell Number: \_\_\_\_\_  
(*Confirmation will be delivered by email only*) (*Only used for important notices/changes*)

Emergency Contact: \_\_\_\_\_ Cell Number: \_\_\_\_\_

Class Name	Week (Circle)			Times
	Week 1	Week 2	Week 3	
	Week 1	Week 2	Week 3	
	Week 1	Week 2	Week 3	
	Week 1	Week 2	Week 3	
	Week 1	Week 2	Week 3	
	Week 1	Week 2	Week 3	
	Week 1	Week 2	Week 3	
	Week 1	Week 2	Week 3	

I, initial participant or parent/guardian, hereby give permission for CWC to use the likeness of myself and/or child for promotional purposes, such as newsletters, flyer's, etc.

I, initial participant or parent/guardian, hereby give permission for any and all medical attention to be administered to myself and/or child in the event of accident, injury, sickness, etc. under the direction of CWC. I also assume the responsibility for the payment of any such treatment. In consideration for the acceptance of myself and/or child's entry, I hereby, for myself, my child, and my heirs, waive and release any and all rights and claims for damages I or my child may have against Central Wyoming College and their representatives and assigns for any and all injuries suffered by myself or my child at any activity sponsored by Central Wyoming College.

I understand that during an activity, myself and/or child's conduct directly affects the good order and safety of the group. I expect myself and/or child to exhibit conduct, and behavior in accordance with institutional rules. I agree that acts such as using tobacco, speaking with profanity, consuming intoxicating drugs or beverages, fighting or stealing cannot be tolerated. I agree to be financially responsible for any loss, damage, loss or use, or costs to persons or property caused by the actions of myself and/or child. If, at the sole discretion of the registered adult leader on an activity, myself and/or child's acts out continual behavior and conduct violates institutional rules and regulations, I understand that myself and/or my child's opportunity to participate will be terminated and arrangements will need to be made to leave the program and facility at such time.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

For information call 'R' Recreation at 855-2015 or 855-2190.

Mail form and full payment to 'R' Recreation/CWC, 2660 Peck Avenue, Riverton, WY 82501

Drop off at CWC Pro Tech Bldg, #101, 8am-5pm weekdays or use the convenient drop-box

