2019 Adult Co-ed Soccer League Rules



1. Rosters/Waivers

Rosters must be finalized by **Thursday**, **June 27**. Each individual player must sign a waiver before they are allowed to play. Roster additions will not be permitted after **June 27** as teams need to be established two full weeks prior to tournament play. Guest players are allowed to pick up games until the tournament begins.

2. Fees

Cost to register for the league is \$60 per team of ten players. Any additional players to the roster over ten or who are not rostered will cost \$10 per player.

3. Games

Two 25 minute halves with a 5 minute break at the half. The clock is continuous, only being stopped for injury time. As time expires there will be no determination by the referee of "continuation" or "advantage" being played out. Teams need to be ready to play at game time. A maximum of a 5 minute grace period may be granted by the referee before a forfeit is issued. If there is a forfeit teams may still play "for fun".

4. Field Size

The field will be half of the turf field running North and South. Games are played at the Wolverine Turf Field.

5. Schedules

Games will be schedule on Tuesday and Thursday evenings at 6:30 and 7:30pm.

6. Tournament

Regular season standings will decide the seeding for the single elimination tournament that will follow the regular season with sweet hoodies for the winners and bragging rights for one year!

7. Teams

Each team can have ten players on their roster and will play 7v7 including a goal keeper (six on the field). A team must have at least 4 players to begin a game. Each team must have at least 2 females on the field at all times. Any deviation from these rules will result in a forfeit.

Players

Players can only be rostered to one team and must be 18 years old by December 31 of the current year.

Guest players

No guest players are allowed during the tournament. In season, the guest player policy is as follows: A team may use a guest player(s) only to make a team complete. If a team is short one female, one female guest player may play if agreed upon by both teams. Guest players can only be used to bring a team's line-up to a full squad. At no time should a guest player be used as a sub.

8. Substitutions

Substitutions may be made on the fly. Players must step on and off the field close to the player they are replacing.

9. Free Kicks and Penalty Kicks

All kicks are indirect.

10. Goal keeper

Goalkeepers are <u>not</u> allowed to throw or punt the ball past the midfield line without the ball bouncing on their half first. If a throw or punt bounces on the other side of the midfield line it will be an indirect kick from the spot of the bounce.

A goalkeeper may place the ball on the ground and may kick it past the midfield line. There will be a small Goalie Box and the goalies are not allowed to pick the ball up outside of the box.

11. Offside

Offside will not be judged or enforced.

12. Slide Tackling

There is **absolutely no sliding tackling** allowed. Please stay on your feet. This results in a foul and a verbal warning on first offense. Second offense will be a foul and removal from the game. This will be enforced for the safety of all players.

13. Overtime

There is no overtime during regular season. Games can end in a tie. During tournament play, (in the case of a tie) there will be two 5-minute overtime halves that will be played in full. If the game is still tied, a shootout decides the winner. Four players from each team will shoot rotating boy-girl. If still tied, continue with one shooter each in sudden death.

14. Equipment

Commercially sold shin guards are recommended. Players shall not wear anything considered dangerous by the referee (i.e., watches, bracelets, jackets with open zippers, rings, or earrings). Shoes should be tennis shoes, soft-molded cleats or approved soccer shoes. Team members shall wear like-colored shirts with exception of the keeper.

15. Referee

Each team will be scheduled on a rotation where they are required to provide a center referee. The referee acts as the timekeeper and official scorekeeper. Only one referee will be assigned, **therefore all teams must aid in close calls, such as out-of-bounds**. All calls made by the referee are final. Failure of a team to provide the referee when scheduled will result in an automatic forfeit of their next scheduled game.

16. Scoring

All goals scored by a female player will be counted as **two points**. Each goal by a male player will count as one point. It is to your advantage to pass to the girls! ©

An own goal will count as one point regardless of which gender scores it.

17. Sportsmanship

There shall be no arguing with the center referee or disputing their decisions. Unsportsmanlike conduct, unnecessary roughness, abusive language, or any other such conduct will not be tolerated. A zero tolerance policy for any unsportsmanlike conduct listed above will be enforced. All players involved will be suspended from the league. NO EXCEPTIONS

18. Facility Use

Due to the excellent cooperation with Riverton High School in allowing the use of their facilities, we request that all respect be given to school regulations and facilities so that this program may continue for the enjoyment of the people involved.

19. Spectator Liability

Participants and spectators are assuming their own liability if they are in attendance at the field. 'R' Recreation ask that spectators with young children maintain a safe distance from the sideline to avoid collisions with players and the potential of being hit by a ball. Sitting or playing near the goal is strictly forbidden.