



Fall 2024

Online Registration Available
www.rrecreation.com

CITY of RIVERTON



RECREATION
AND CWC COMMUNITY EDUCATION



What's Inside

2024 Fall R Recreation Brochure

September - December, 2024

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R RECREATION

Mary Axthelm- Program Director	855-2015
Ady Thomas- Activities Coordinator	855-2190

The 'R' Recreation office is located in the Professional Technical Center on the CWC Campus, 2660 Peck Ave., Riverton WY 82501

CITY OF RIVERTON

Mayor – Tim Hancock
Ward 1 – Kyle Larson, Dean Peranteaux
Ward 2 – Karla Borders, Kristy Salisbury
Ward 3 – Mike Bailey, Lindsey Cox

CITY OF RIVERTON PHONE NUMBERS

Riverton City Hall	856-2227
Riverton City Parks Reservations	857-7720
Chamber of Commerce	856-4801
Riverton Aquatic Center	856-4230
Riverton Branch Library	856-3556
Fremont County Fair Office	856-6611
School District 25 Central Office	856-9407

PAYMENT AND REFUNDS

Registration and payment of each class is required at the time of registration. We MUST have a 48 hour notice if you are canceling your registration for a program. Any cancellations made within 48 hours of the class will NOT be refunded. Phone reservations will not be accepted. If a class is canceled you will receive a full refund for the amount of the class fee.

Registration forms and payment are required by the deadline to ensure a spot in the activity. These deadlines allow us to make important decisions regarding the class, staffing and facilities. R Recreation does not save spots for any programs without proper registration and payment of fees.

CLASS COSTS

In this brochure you will notice that the cost of our classes have increased. In addition to the rising cost of supplies, we were recommended by our online vendor to be proactive to align with evolving legal requirements from the Federal Trade Commission for convenience fee transparency. The convenience fee has been absorbed into the cost of each class.

TODDLER CORNER

Lil' Hooper's Basketball

Lil' Hoopers basketball program is targeted towards boys and girls aged 3-5 years old, with an emphasis in teaching appropriate skills, while encouraging participation and sportsmanship in a fun environment. Come and join the fun and excitement led by CWC's new Head Women's Basketball Coach Keith Wyatt and a handful of his players. We ask that you please register early if you are interested because we will be working with limited gym capacity.

Registration Deadline: Friday, October 4 or until full

Dates: Oct. 8-29; Tues/Thurs (no practice on 10/17)

Time: 5-5:45pm

Place: Willow Creek Elementary Gym

Ages: 3-5 years old (No Kindergarteners)

Cost: \$30

Sporty Shorty

Join us for an hour of activity designed for you and your toddler. Preschool children will enjoy an introduction to a variety of sports during this lively and engaging class. It's a fantastic opportunity for little ones to explore different sports, develop their motor skills, and have a blast with their peers. This full-of-movement class is perfect for fostering a love for physical activity and ensuring your child has a fun and active time. This class will be in partnership with the Riverton Boys & Girls Club.

Registration Deadline: Friday, October 25 or until full

Dates: Oct. 29- Nov. 19; Tuesdays

Time: 9-10am

Place: Boys & Girls Club Gym

Ages: 2-4 years old

Cost: \$40

Tot Time

You aren't going to want to miss out on Toddler Tuesdays. This will be an exciting hour of movement, activities, games and art crafts. You and your toddler will have fun together as you enjoy time with new friends. This class will be This

class will be in partnership with the Riverton Boys & Girls Club.

Registration Deadline: Friday, December 20 or until full

Dates: Jan. 7-28; Tuesdays

Time: 9:30-10:30am

Place: Boys & Girls Club

Ages: 2-4 years old

Cost: \$40

Christmas Adventure

Get ready for an unforgettable experience with our Christmas Adventure program! This exciting class is perfect for toddlers and will be jam-packed with festive fun. We'll be making adorable crafts and delicious treats to embrace the Christmas spirit. And the best part? There will be a special surprise guest at the end! Don't miss out on this magical holiday celebration! The early registration deadline is so that proper supplies can be purchased.



Registration Deadline: Friday, November 22 or until full

Date: Dec. 7; Sat

Time: 9-10:30am

Place: Boys & Girls Club

Ages: 3-5 years old

Cost: \$30

YOUTH SPORTS

Little Spikers Volleyball

Boys and girls in first, second, and third grade are encouraged to join the fun and excitement of the Little Spikers 'R' Volleyball program. The camp consists of a series of fun group activities and non-competitive short games. Little Spikers focuses on exercise, coordination, participation and basic volleyball skills. We ask that you please register early if you are interested because we will be working with limited gym capacity.

Registration Deadline: Friday, September 20

Dates: Sept. 25-Oct. 16; Mon/Wed
(no practice on October 14)

Time: 4:30-5:15pm

Place: Willow Creek Elementary Gym

Ages: 1st-3rd grade

Cost: \$30

Junior 'R' Volleyball

Here is a great way for fourth, fifth and sixth graders to develop skills and improve their knowledge of the game. Instruction will include passing, setting, hitting and serving with a focus on the fundamentals of the game. Players of all abilities are encouraged to use this opportunity to improve on relevant skills and tactics of the game!

Registration Deadline: Friday, September 20

Dates: Sept. 25-Oct. 16; Mon/Wed
(no practice on October 14)

Time: 5:30-6:30pm

Place: Willow Creek Elementary Gym

Ages: 4th-6th grade

Cost: \$30



Playmaker Basketball League

Our Playmaker Basketball Development League combines clinic-like instruction and small-sided gameplay into a four/five week program. This league, which has been developed under the consultation of local Riverton middle school and high school basketball programs, aims to develop basketball skills and abilities of boys and girls of varying ages (K-6th). We believe this program will help solidly prepare attendees for a future of playing Wolverine basketball.

Playmaker Development League: 5th-6th grade

The 'R' Rec Playmaker Basketball for 5th and 6th grade girls and boys has been restructured at the consultation and recommendation of our middle school and high school coaches. The league will focus on developing fundamental skills, game strategy and teamwork through group instruction and intramural game competition.

In addition to the intramural games, the players will have the opportunity to earn a roster spot on the team that will play competitive games against other Fremont County schools.

Players are asked to NOT arrive at Rendezvous Elementary School prior to 4:20pm.

Girls:

Registration Deadline: Friday, October 4

Dates: Oct. 15-Nov. 14

Allstar Week: Nov. 18-21

(No practice on Thursday, Oct. 31)

Scrimmage: Oct. 30 and Nov. 14

Boys:

Registration Deadline: Friday, December 20

Dates: Jan. 20-Feb. 13

Allstar Week: Feb. 18-22

Scrimmage: Jan. 30 and Feb. 13

Days: Mon, Tue, Thurs

Time: 4:30-6pm

Place: Rendezvous Elementary Gym

Ages: 5th-6th grade

Cost: \$50

Transition League: 3rd-4th grade

Registration Deadline: Friday, October 11

Dates: Girls: Oct. 21-Nov. 20

Registration Deadline: Friday, January 10

Boys: Jan. 20-Feb. 22

Days: Mon/Wed

Time: 6-7pm

Place: Rendezvous Elementary Gym

Cost: \$35

Rookie League: 1st-2nd grade

Dates: Girls: Oct. 22-Nov. 21

Registration Deadline: Friday, October 11

Boys: Jan. 21-Feb. 20

Registration Deadline: Friday, January 10

Days: Tues/Thurs

Time: 5:30-6:15pm; 1st grade

6:15-7pm; 2nd grade

Place: Aspen Elementary Gym

Cost: \$35

Mini League: Kindergarten for Boys & Girls (Co-Ed)

Dates: Session 1: Oct. 22- Nov. 19

Registration Deadline: Friday, October 11

Session 2: Jan. 28-Feb. 20

Registration Deadline: Friday, January 17

Days: Tues/Thurs

Time: 5:30-6:15pm

Place: Jackson Elementary Gym

Cost: \$35



Junior Wrestling Camp

Boys and girls are invited to join us for our junior wrestling camp. Wrestlers will learn basic moves and rules along with participation in tumbling and conditioning exercises. Our coaches, who will lead this camp, have many years of experience coaching wrestling at the high school and middle school level. Wrestlers are asked to wear athletic clothing and bring a water. Wrestling head-gear is optional.

Registration Deadline: Friday, December 20

Dates: Dec. 26-27; Thurs, Fri

Time: 9-10am; 4-6 years old

(six year olds little to no experience)

10-11am; 6-8 years old

(six year olds with experience)

Place: RHS Wrestling Room

Age: 4-8 years old

Cost: \$30

YOUTH & FAMILY ACTIVITIES

CWC Community Theater

The CWC Theater Department routinely casts community members and is encouraging participation in one of the many scheduled programs throughout the year. You are invited to audition for each of the following performances:



A Veteran's Day Concert

Please join us in a concert-style performance of patriotic songs performed by members of our community to honor our veterans.

Registration Deadline: Friday, September 27

Dates: Rehearsal: Sept. 29- Nov. 9

Performances: Nov. 10 – Nov.11

Time: Rehearsals: Sunday-Saturday, 6-9pm

Place: CWC, Robert A. Peck Art Center

Age: 8 years and older

Cost: \$35

It's A Wonderful Life: The Musical

Registration Deadline: Friday, September 27

Dates: Rehearsal: Sept. 29- Dec. 4

Performances: Dec. 5 – Dec. 8

Time: Rehearsals: Monday-Saturday, 6-9pm

Place: CWC, Robert A. Peck Art Center

Age: 8 years and older

Cost: \$35

Bright Star

Registration Deadline: January 24

Dates: Rehearsal: Jan. 26- Mar. 12

Performances: Mar. 13- Mar. 23

Time: Rehearsals: Sunday-Friday, 6-9pm

Place: CWC, Robert A. Peck Art Center

Age: 8 years and older

Cost: \$35

Seven Brides for Seven Brothers

Registration Deadline: Friday April 11

Dates: Rehearsal: Apr. 3- Jun. 18

Performances: Jun. 19- Jun. 29

Time: Rehearsals: Sunday-Saturday, 6-9pm

Place: CWC, Robert A. Peck Art Center

Age: 8 years and older

Cost: \$35

BINGO

This is not your grandma's BINGO, it's the lively version of the generational game! Once a month, we invite you to a fun evening filled with sing-along music, good vibes, and loud exclamations of "BINGO!" The night starts with multiple games of Bingo using different patterns and finishes with the big game: Blackout. The winner of Blackout will take home majority of the pot while choosing a local non-profit to donate the rest to. Don't forget to check out what each month's theme is because the best dressed of the night receives a prize. CWC Cafeteria is open until 7:30pm with affordable and delicious dinner or snack options.



Dates: Sept. 12; Sports Jersey
 Oct. 3; Twinning is Winning
 Nov. 7; Rock Star
 Day: Thursdays
 Time: 6:30pm-8:30pm
 Place: CWC Student Center Cafeteria
 Cost: \$20 for 20 Bingo Sheets; Daubers for \$2

Youth Horse Riding Camp

This is a great opportunity for the youth in our community to ride in the new CWC Ag & Equine Complex while receiving introductory riding instruction from experienced and accomplished instructors. These clinics are for the beginner to intermediate level and all riders must have their own horse.

Intro to Gymkhana Events

Learn beginning horsemanship for gymkhana events

- *Barrels
- *Poles
- *Flag Race

Intro to Roping

- *Groundwork
- *Dummy Work
- *Basic horsemanship for roping dummies

Registration Deadline: Session 1: Friday, September 20
Session 2: Friday, October 4

Dates: Session 1: Sept. 28; Saturday
 Session 2: Oct. 12; Saturday
 Time: 9am-12pm: Intro to Gymkhana;
 1-4pm: Intro to Roping
 Place: CWC Ag & Equine Complex
 Age: 6 years and older
 Cost: \$55 per event
 Requirements: Must provide your own horse

Community Tailgate Party

Let's cheer on the Wolverine Football team as they take on the Lander Tigers! R Recreation is excited to bring you our 2nd annual Community Tailgate Party on Friday, October 11. Festivities will begin at 4pm, there will be carnival games, bouncy houses, laser tag, face painting, corn hole, and other yard games. Riverton Jr. Football League will be grilling burgers with chips and a drink for a small charge. There will be something for football fans of all ages, so bring your best team spirit and loudest cheering voices. This community tailgate party is sure to provide an abundance of entertainment for anyone who attends, as well as fellowship with family, friends and neighbors.

Date: Oct. 11; Friday
 Time: 4-6pm
 Place: Near RHS Turf Field
 Ages: ALL

Christmas Adventure

Get ready for an unforgettable experience with our Christmas Adventure program! This exciting class is perfect for older kids and will be jam-packed with festive fun. We'll be making adorable crafts and delicious treats to really get into the Christmas spirit. And the best part? There will be a special surprise guest at the end! Don't miss out on this magical holiday celebration! The early registration deadline is so that proper supplies can be purchased.

Registration Deadline: Friday, November 22 or until full

Date: Dec. 7; Sat
 Time: 1-3pm
 Place: Boys & Girls Club
 Ages: 6-10 years old
 Cost: \$30

Safe Sitter Essentials with CPR

Safe Sitter® Essentials with CPR is a 1-day class designed to prepare students ages 11-14 to be safe when they're home alone, watching younger siblings, or babysitting. The Instructor-led class is filled with fun games and role-playing exercises. Students will learn safety, child care, first aid & CPR, and life & business skills in this course. Students will use manikins to practice rescue skills such as choking rescue and CPR and child care skills like diapering. Classes are taught by Krista Edwards, certified Safe Sitter® and AHA CPR & First Aid instructor.

Registration Deadline: Friday, December 20

Date: Jan. 3; Friday
 Time: 9am-3pm
 Place: CWC Health & Science, room 210
 Ages: 11-14 years old
 Cost: \$65

Additional Information: Students should come with a lunch, water bottle, writing utensil and good attitude.

‘R’ Family Open Gym

Here is a great way for kids and families to break up the monotony of the winter months. After dinner is finished and the homework is done come out and play! There will be a volleyball net (with enough participation) and basketball hoops available for friendly pick-up games or just shooting around. ‘R’ Recreation will provide basketballs and volleyballs. Families must bring specific sports items they would like (ie: baseball mitts, balls, soccer, etc).

All children under the age of 12 must be with an adult.

Dates: Dec. 3, 10, 17; Tuesdays

Feb. 11, 18, 25; Tuesdays

Time: 7-8:30pm

Place: Riverton Middle School

Cost: No Charge

Ice Skating at the Riverton Community Ice Rink

Keep an eye out on our Facebook page for the announcement of the opening of Riverton’s Community Ice Rink! The Rink is always open to the public for those who have their own skates.

*Note the Cold Weather Safety Policy

Skate rentals will be available for \$5 on the following schedule:

Christmas Break (Dec. 20-Jan. 5):

Kick-off Glow Party: Dec. 20; 5-7pm

Daily Christmas Break: 1-6pm

December 24, 25: No Rentals Available

December 31: 1-4pm

January 1: 1-4pm

**Cold Weather Safety Policy: For the safety of our skaters the ice skating rink will be closed if the temperature is below zero or the temperature + wind chill are below zero.*



NGWSD

National Girls and Women in Sports Day

National Girls and Women in Sports Day invites all young women in Fremont County to participate in this year’s annual event. Participants will have the opportunity to attend three activity sessions, of which they will choose from more than twelve different options. These “Girls Only” events range from hip hop dance to TaeKwonDo and everything in between.

Sessions are led by notable Fremont County sports women. Each activity has limited space and is assigned on a first come, first serve basis so get registered early to ensure your spot!

Early Registration Deadline: Wednesday, March 12

Date: Mar. 15; Saturday

Time: Doors open and check in at 8:30am

Sessions are from 9am-12pm

Place: Riverton Middle School

Ages: 1st-8th grade girls

Cost: \$15 by registration deadline Feb. 12;

\$25 for late registration

ADULT HEALTH AND FITNESS

Evening FIT to the CORE

This course will use a variety of functional exercises to meet you wherever you are at in your fitness journey. It will include progressive training that is aimed at improving overall fitness. There will be an emphasis on core, balance, and flexibility. The class will generally be in a circuit style and may involve the use of body weight, free weights, kettle-bells, resistance bands, bosu ball etc. If you are looking for a total body fitness adventure, come join in the fun as we challenge our bodies to reach our fitness goals. This class is led by Kenna Sweglar, Certified Fitness Trainer.

Registration Deadline: Friday, September 9

Dates: Sept. 17-Dec. 12; Tues/Thurs

(No class week of Thanksgiving)

Time: 5:30-6:30pm

Place: CWC Fitness Center

Ages: 18 years and older

Cost: \$75/12 week session



Morning FIT to the CORE

This course will use a variety of functional exercises to meet you wherever you are at in your fitness journey. It will include progressive training that is aimed at improving overall fitness. There will be an emphasis on core, balance, and flexibility. The class will generally be in a circuit style and may involve the use of body weight, free weights, kettle-bells, resistance bands, bosu ball etc. If you are looking for

a total body fitness adventure, come join in the fun as we challenge our bodies to reach our fitness goals. This class is led by Kenna Sweglar, Certified Fitness Trainer.

Registration Deadline: Friday, September 9

Date: Sept. 18-Dec. 13; Wed/Fri
(No class week of Thanksgiving)
Time: 5:15-6:15am
Place: CWC Fitness Center
Ages: 18 years and older
Cost: \$75/12 week session

Adult Coed Recreational Volleyball League

Get your squad together to have a good time in our recreational volleyball league! There will be a fall and spring session offered for those players who want to have a good time or give the game a try for the first time. Teams can be any combination of men and women, but may not have more men. Full league rules will be addressed at the captains meeting. A tournament will conclude the league play. Each team is required to ref and score keep for another game during the evening. Due to liability reasons, we do not allow children under the age of 12 to be in the gym during league play. Each team **MUST** be in attendance at the Captains Meeting. (Limited to 8 teams)

Registration Deadline: Friday, September 27 or until full Mandatory Captains Meeting: Sunday, September 29 at 4pm at the R Rec office

Dates: Sept. 30-Nov. 18; Mondays
Time: 6:30-8:30pm
Place: Riverton Middle School Gym
Ages: 18 years and older
Cost: \$80/team

Adult Coed Competitive Volleyball League

Get your team ready for some good competition and exciting volleyball matches in this competitive league! Teams can be any combination of men and women, but may not have more men. Full league rules will be addressed at the captains meeting. A season tournament will conclude league play. Each team is required to ref and scorekeep for another game during the evening. Due to liability reasons, we do not allow children under the age of 12 to be in the gym during league play. Each team **MUST** be in attendance at the Captains Meeting. (Limited to 8 teams)

Registration Deadline: Friday, September 27 or until full Mandatory Captains Meeting: Sunday, September 29 at 4pm at the R Rec office

Dates: Oct. 2-Nov. 20; Wednesdays
Time: 6:30-8:30pm
Place: Riverton Middle School Gym
Ages: 18 years and older
Cost: \$80/team

Adult Pickleball

Looking for a fun and engaging way to stay active? Come join us for open-play pickleball! Pickleball is a fantastic sport that combines elements of tennis, badminton, and ping-pong. It's easy to learn, great for all ages, and perfect for both beginners and seasoned players. Whether you're looking to improve your skills, meet new people, or just have a great time, pickleball is the game for you.

Players must be 18 years and older. Register early because there is a limit to the number of players we can accommodate and this is a popular program! All equipment is provided.

Registration Deadline: Friday, October 6

Dates: Oct. 9-Nov. 13; Wednesday
Time: 6:30-8pm
Place: Riverton High School Gymnasium
Ages: 18 years and older
Cost: \$30

SPECIAL INTERESTS

Reclaim Your Balance:

A Nutritional Therapy Class for Hormone Health

Are you feeling out of sync and not quite like yourself? Hormonal imbalances can affect everything from your energy levels to your mood and overall well-being. Join us for a one-night nutritional therapy class designed to help you balance your hormones and reclaim your vitality. In this class, you'll learn about the key nutrients and lifestyle changes that support hormone health, practical tips to reduce stress and inflammation, and how to create a personalized plan that works for you. Whether you're dealing with fatigue, mood swings, or other hormone-related issues, this class will provide you with the tools and knowledge to feel like yourself again. Don't miss out on this opportunity to take control of your health—reserve your spot today!

Join our instructor, Tinsley Erickson, a passionate and recently published Nutritional Therapist who has combined her love for nutrition and her desire to help others to create these personalized classes. As the proud owner of Mapped Out Nutrition, an online private practice, Tinsley has embarked on a mission to empower Fremont county locals to harness the power of nutrition to enhance their mental health and overall wellbeing.

Registration Deadline: Friday, September 27

Date: Oct. 1; Tues
Time: 6:30-8:30pm
Place: CWC Health & Science, room 206
Ages: 18 years and older
Cost: \$50

CSI Presentation for Adults

If you enjoy CSI shows and mysteries, then this presentation is going to thrill you! Through various crime scene photos, participants will look at all the evidence to determine and professionally analyze a crime scene. A fingerprint mutilation segment is shown on how criminals try to disguise identification. We will play a Myth vs Fact game to determine your understanding of evidence and questions are encouraged for this unique opportunity to ask a forensic scientist those tricky questions. Our instructor, Lynne Dean, was a Latent Fingerprint Examiner for 35 years at King County Sheriff, Seattle, Washington and is qualified as a Forensic Scientist. After spending over half of her life in the field of fingerprints, crime scenes, and processing evidence, fingerprints have become a literal part of her. Her enthusiasm for work in the field of fingerprint forensics comes through during her presentations.

Registration Deadline: Friday, November 1

Date: Nov. 9; Saturday

Time: 9am-12pm

Place: CWC Health & Science, room 210
or via Zoom in your home

Ages: 18 years and older due to graphic content

Cost: \$40

Supplies: Participants will need to bring a role of scotch tape and ONE of the following; clear sheet protector, soda can, glass bottle or ceramic drinking mug.

Couples Date Night

We are expanding on our Family & Me series that we offer in the Spring and putting together some fun date night opportunities for the couples in our community! We hope you will join us for a unique, intimate evening trying some new and interesting activities that you might normally not do. Enjoy a special night out together by just showing up, we will do the rest to make your evening memorable.

Registration Deadline:

October 17: Basket Battle 1 (limit 4 couples)

November 15: Ballroom Dance (limit 10 couples)

December 5: Basket Battle 2 (limit 4 couples)

Basket Battle

You and your date will receive a mystery basket of four ingredients and in one hour you will prepare 2 menu items; an entrée and a dessert. We will provide one protein, you can bring two ingredients from your home and you will have access to seasonings, pasta, rice, and fresh veggies from the "pantry." The pantry is a first come first serve opportunity, so be prepared with your ideas. After the cooking frenzy, enjoy a romantic dinner with the dishes you've crafted, and a salad provided by us. A panel of judges determine our winner. Our chef extraordinaire, Pam Rivers, will be facilitating this unique

evening. The challenge will test your creativity, teamwork, and culinary skills. It's the perfect blend of competition and romance!

The winner of our Basket Battle will receive a second date night with a gift certificate to a local restaurant.

Date: Session 1: Oct. 17

Session 2: Dec. 5

Time: 6-8pm

Place: RHS Home Ec Room

Age: Adults

Cost: \$55/couple

Ballroom Dance Night

Bring your partner and learn Ballroom dance and various styles within the partner dancing realm including ballroom swing, foxtrot and waltz. You will be enthralled with how these styles of dance are then adaptable to line dancing, reception dancing and any other time you find yourself wanting to join the fun on the dancefloor. Regan Marynowski, a dance instructor for over 25 years, will be leading this class ensuring it's a special evening for each couple. Light hors d'oeuvres and wine will be offered.

Date: Nov. 15; Friday

Time: 6-7:30pm

Place: Main Street Dance, 401 S. 1st Street

Age: Adults

Cost: \$35/couple

Beginning Waterbath Canning

What is your plan to preserve the bountiful harvest of your garden? This class will help you answer that question and get truly prepared. Properly canning your harvest will not only save you money but will also keep your pantry sustained through the long winter months. Beginning Waterbath students will learn the process of canning high acidic foods such as fruits, jams and jellies. They will be canning a quart of fruit pie filling (deliverable to you after the class).

Registration Deadline: Friday, October 18

Date: Oct. 25; Friday

Time: 5:30-8:30pm

Place: RMS Home Ec Room

Ages: 15 years and older (15-17 accompanied by an adult)

Cost: \$45 (includes all material).

\$70 for both Canning Classes

Pressure Canning Fearlessly

Ready to take your canning to the next level? Know how to waterbath can but are afraid of that pressure canner? Learn techniques and secrets to tackling the pressure canning of your recent fall harvest without fear! As you harvest your garden you can conclude the season confidently knowing what you will be doing to preserve your harvest. The students in this class will learn to pressure can low acid foods such as vegetables

and meats. They will be pressure canning a pint of vegetables (deliverable to you after the class).

Registration Deadline: Friday, October 18

Date: Oct. 26; Saturday

Time: 1-5pm

Place: RMS Home Ec Room

Ages: 15 years and older (15-17 accompanied by an adult)

Cost: \$45 (includes all material)

\$70 for both Canning Classes

Fun Holiday Baking

Join us for some unique holiday baking fun! Our chef, Pam Rivers, will teach you all the culinary tips and tricks for making perfect cheese cake, delicious Crème Brulee and the best homemade pies. Instructor Pam Rivers has been the Superintendent of Open Culinary Events at the Fremont County Fair for many years, and will be teaching these three holiday cooking classes. Participants will prepare the following items that they can take home and share with their family and friends:



November 12: Delicious Cheesecakes

(bring 1 spring form pan)

November 19: Crème Brulee to Delight

(bring 4 ramekins)

November 26: Fruit Pie and Pumpkin Pie

(bring two 9" glass pie pans to take your pies home)

Registration Deadlines: Friday before each class or until full

Dates: Nov. 12-26; Tuesdays

Time: 6-8:30pm

Place: Riverton High School, Home Ec Classroom

Cost: \$35/class or \$85 for all 3 classes

Age: 15 years and older

or 10-14 years old with a parent/grandparent

Instant Holiday Piano for Hopelessly Busy People

Learn piano like a pro using chords in just a few hours! Join our online ZOOM class from the comfort of your home. Get an online book, follow-up video lessons, Q&A sessions, and a class recording. The course includes both lectures and hands-on instruction, focusing on learning Christmas songs.

Topics will include:

- How chords work in a song
- How to get more out of sheet music by reading less of it
- How to form the three main types of chords
- How to handle different keys and time signatures
- How to avoid "counting"
- How to simplify over 12,000 complex chords

Registration Deadline: Wednesday, October 30

Date: Nov. 4, Monday

Time: 6:30-9:30pm

Place: From your home + Zoom

Ages: 13 years and older

Cost: \$60

Instant Holiday Guitar for Hopelessly Busy People

Learn guitar quickly! In just a few hours, this online ZOOM crash course will teach you basic chords and get you playing your favorite songs. Includes an online book, follow-up video lessons, Q&A sessions, and a class recording. This class will emphasize the learning of Christmas songs. A Class limited to 15 students.

Topics will include:

- How chords work in a song
- How to form the three main types of chords
- How to tune your guitar
- Basic strumming patterns
- How to buy a good guitar (things to avoid)
- How to play along with simple tunes

Registration Deadline: Wednesday, October 30

Date: Nov. 6, Wednesday

Time: 6:30-9pm

Place: From your home + Zoom

Ages: 13 years and older

Cost: \$60

Hunter's Safety

This is the Wyoming Game and Fish certified hunter safety education course. Successful completion of this course is required for all hunters born after Jan 1, 1966 and it is required for hunters of any age before participation in the Teton Park Elk Hunt. Fee covers all materials. Offered two times in the spring at CWC, to accommodate Game & Fish maximum student limits of 30 per class. Attendance at all 5 class meetings and field day is required. Instructor, Tim Pierce, hold certification to teach this course from the Game and Fish. Parents are welcome to accompany youngsters.

Registration Deadline: Friday, January 24

Date: Session 1: Feb. 3, 6, 10, 13, 18

with Field Day on Feb. 22; Monday & Thursday
(No class on Feb. 17, moved to Feb. 18)

Session 2: April 7, 10, 14, 17, 21

with Field Day on April 26; Monday & Thursday

Time: 6:30-9:30pm (classroom times)

Place: CWC Health and Science, Room 100

Cost: \$20

ADDITIONAL RECREATIONAL OPPORTUNITIES

CWC Pickleball Courts, Fitness Center, Climbing Wall, Gym

Central Wyoming College offers the community an opportunity to use its gym, pickleball/tennis court, Fitness Center and Climbing Wall by registering for a half-credit Community Wellness class. If you desire to use these facilities for your recreation and wellness you are required to register for HLED1599 online at cwc.edu or by calling Rustler Central 307-855-2115. These spaces can be reserved through Debbie Graham at 307-855-2036, or dgraham@cwc.edu.

Fall Harvest Festival

The annual Riverton Downtowners Fall Harvest Festival is scheduled for Saturday, September 28 from 12-6pm on the Main Street in the downtown area. There will be food vendors, craft booths, face painting, pumpkin carving, great music and many other family-friendly events. You will want to bring your family, neighbors, and co-workers to enjoy a fun afternoon in the heart of downtown Riverton.

5K Glow Run

Join Fremont Therapy Group for a fun evening Glow Run 5K with the proceeds benefiting the Boys & Girls Club of Riverton and Eagles Hope Transitional Housing. This awesome Glow Run will be on Saturday, October 5th at 6:30pm at the Fremont Therapy parking lot, 2002 W. Sunset Drive. Advance registration before Oct. 1 will be \$25 or \$60 for a family up to 5. The fee increases to \$30 after October 1. Prizes for best costume will be awarded so load up and be creative with those glow sticks. There will be food trucks, a DJ jamming 80's music and a glow party after the race! You aren't going to want to miss this totally rad event! Register here: www.eventbrite.com/e/fremont-therapy-groups-4th-annual-glow-run-5k-tickets-841803315377



SonHarvest Seasons

SonHarvest Seasons offers the experience of picking your own fresh produce directly from the farm. Sweet, delicious raspberries are available mid-August, already picked or pick your own. Stop in or call ahead, (307) 856-6616. SonHarvest opens its pumpkin patch the third weekend of September, with thousands of carving pumpkins, over fifty varieties of edible

squash, mini pumpkins, gourds, straw bales, ornamental corn, and corn stalks. Make SonHarvest Seasons an annual fall family tradition. Get up to date information on their Facebook page, SonHarvest Seasons.

Boys & Girls Club of Riverton When School is OUT, the Club is IN

The Riverton Boys & Girls Club is open and offering out-of-school time programming for youth in K-8th grade. The Riverton Club focuses on three priority outcomes for each student: Healthy Lifestyles, Academic Success and Good Character & Citizenship. Boys & Girls Clubs offer after school programming and full day services on School's Out Days (in-service dates, Christmas break, Spring break and summer vacation). The Boys & Girls Club of Riverton offers a safe, positive environment that creates a sense of belonging through supportive relationships, outcome-based activities, and high expectations. For more information about the Riverton Boys & Girls Club please contact the Riverton Branch Director, Jacque Stoldt at 307-463-0060 or visit www.bgccw.org/our-clubs/riverton/.

Fremont County Museums Where Art Meets History

Located in Fremont County, Wyoming, our museums in Dubois, Lander, and Riverton seek to protect our cherished history and share it with generations to come. Come explore the museums or join us on one of our many programs offered this fall, including children's exploration series, adventure treks, discovery speakers and historic building walking tours. To view the programs happening at the museum closest to you, visit our website at fremontcountymuseums.com. Our museums are open Monday-Saturdays 9-5!

Fremont County Ice Hockey Association

The Fremont County Ice Hockey Association has teams for ages 10-18 years old of all skills and abilities (no prior playing or skating experience is required as we provide instruction for everyone). The hockey teams participate in the Wyoming Amateur Hockey League (WAHL) against teams from other cities all around Wyoming from September until April.

Cost/Ages: 18U: \$350
 14U: \$275
 12U: \$250
 10U: \$220
 Practice Only (All Ages): \$100

(registration fee includes full equipment rental if needed)

To register or if you want more information go online to www.10hockey.com or find us on Facebook, Fremont County Ice Hockey. Must have a USA Hockey Number to registrar <https://www.usahockey.com/>
 Email for the general club is contactfciha@10hockey.com

USA Wrestling

USA Wrestling is a great program for youth ages four through high school who want to learn the sport of wrestling or improve their skills. Registration will begin in December at the 'R' Recreation office. This program does not use the 'R' Recreation registration form. Please ask for the USA Wrestling registration packet. Practices will begin in January 2025. All first time wrestlers will need to provide a copy of their birth certificate. For more information contact Travis Barton (307) 850-8613, or Cassie Gambler (307) 851-0523. Check out the Facebook page for up to date information: Riverton USA Wrestling.

Regular Weekly Fremont County Jams

Musicians are encouraged to join us on Wednesday evenings from 6:30-8:30pm at the Riverton Holiday Inn. This group is amped-up for sound and voice, welcoming you to step up and share your songs for all to join in on and enjoy! For more information, please contact Darryl Szymanski at darrylrs2004@msn.com

CATS (Central Wyoming Children's Center for Art, Technology, & Science)

CATS is an interactive museum where children and accompanying adults can play, explore, and learn. There are activities for toddlers to centenarians! CATS is constantly adding new activities, the most recent being a computerized microscope and marble rolls. CATS has an event room which is perfect for a birthday party. For additional information, call (307) 463-0313, go to their website, rivertoncats.com or find them on Facebook.

Chandelle Event Center

Looking for a place to host a birthday party, reception, or family reunion: The Chandelle Event Center is located at 3445 Chandelle Blvd. in Riverton. For more information, contact Ron at (307) 851-3264 or email rhwarp@icloud.com

Central Wyoming College Cosmetology Salon Services

The Cosmetology Department at Central Wyoming College offers a broad range of specialty services including haircuts and color, hair styling, manicures, pedicures, facials and waxing. Treat and pamper yourself in an affordable way while allowing a CWC student to practice their skills. The various services are discounted for children, students and seniors. Please call 307-855-2326 for more information, prices, or to schedule an appointment. CWC Cosmetology is located in the Pro-Tech Building on the CWC Campus.

Motion Bliss Academy

Motion Bliss Academy registration is open for fall dance sessions. We offer classes in the styles of Ballet, Tap, Jazz, Contemporary, Hip Hop, Creative Movement, and Country Swing. We accept students ages 3 and up. For questions call Candace Apodaca at 307-258-8523. To view class schedules and register visit our Facebook page at Facebook.com/MotionBlissAcademy.

Fremont County Archaeological Society

Are you interested in free, public, kid-friendly presentations about anthropology culture, historical archaeology, prehistoric archaeology, or linguistics? Do you enjoy carpooling on field trips to historic & state archaeological sites, or Wyoming museums? All W.A.S. chapter members receive issues of The Wyoming Archaeologist, invitations to attend W.A.S. events and volunteer with professionals to document information at state historic sites, etc. To become a part of our contact list: Please leave a message at 307-856-6653. There will be a presentation by Sheila Newlin about the Heart Mountain: Losses and Endurance Uncovering the History of a Japanese American Family in Wyoming on September 14 at 1pm at the Riverton Branch Library.

CWC Ag & Equine Complex

The Rustler Ag & Equine Complex has a variety of programs scheduled for the fall semester. For additional information about the facility and programs, contact Caitlin Thorne at 307-855-2287 or via email at cthorne@cw.edu.

Central Wyoming College Jackpots:

Dates: Sept. 14 & 15

Oct. 26 & 27

Nov. 23 & 24

Dec. 14 & 15

Jan. 18 & 19

Time: Starts at 9

Cost: Open: \$50; Youth: \$30; Peewee: \$20

Stay Present Mamas

This community equips moms to have confidence and joy in motherhood. The group meets twice each month at FBC with a Morning Round-Up and a Mama's Night Out. For more information text Becky Rosty (307) 259-1316 and find them on Facebook at 'RivertonStayPresentMamas' for detailed information.

Check our our website for more information, to register online or download a registration form!

www.rrecreation.com

Riverton Aquatic Center

2024 Fall Schedule/Lessons

DAILY ADMISSION FEES:

Preschool 4 & under: FREE*

Student (K-12): \$2

Adult: \$4

Senior (55+): \$2

cash and check only

PUNCH CARDS

Student: \$40

Adult: \$60

Senior: \$40

MEMBERSHIPS AVAILABLE

Savings of 15-25% as compared to daily admissions rate.

The pool will be closed 9/1-2, 11/28-29, 12/25-26 & 12/31-1/1

WINTER SCHEDULE

Dates	Lap Swim	Open Swim	Rec Swim
Sunday	11:30am-12:30pm		1-4pm
Monday	6-8am; 11am-2pm	8:30-10:30am	7:30-8:30pm
Tuesday	6-8am; 11am-2pm	8:30-10:30am	7:30-8:30pm
Wednesday	6-8am; 11am-2pm	8:30-10:30am	7:30-8:30pm
Thursday	6-8am; 11am-2pm	8:30-10:30am	7:30-8:30pm
Friday	5:30-7:30am; 10am-1pm		6-8pm
Saturday	11:30am-12:30pm		1-4pm

Schedule is subject to change, without notice. Please call the pool for additional schedule changes.

Toddler Time—This is a great way to introduce your little ones to the world of swimming! Join us on the following Fridays for fun activities, games and more!

\$5 per Adult/Child pair

Fall Session 1: 9/13, 9/20, 9/27, 10/4

Fall Session 2: 11/1, 11/8, 11/15, 11/22

Winter Session 1: 1/10, 1/17, 1/24, 1/31

Winter Session 2: 2/28, 3/7, 3/14, 3/21

Winter Swim Lessons

11/1-11/21 with registration at the pool starting 10/21

Group Session: \$35— 3:45-4:30pm / 4:40-5:10pm / 5:15-5:45pm

Private Session: \$40— 4-4:30pm / 4:30-5pm / 5-5:30pm

Aqua Aerobics Group— Schedule to be determined .
Call the Pool for more information

ARC Jr. Lifeguard Course— ages 11-14
30.5 hr in person course—TBA

ARC Lifeguard Training— must be 15
2 week classes, Blended Learning and In Person available

ARC Water Safety Instructor Training— must be 16
2 week course, Blended Learning and In Person available

INFLATABLE OBSTACLE COURSE

SATURDAYS: 1-4pm

9/14 | 10/5 | 10/26 | 11/16

12/14 | 1/4 | 1/25 | 2/15 | 3/8



Aquatic Center
 Contact Information
 307-856-4230
 2001 West Sunset Dr.
 Riverton, WY 82501

Riverton Branch Library

1330 W. Park Avenue | 307-856-3556

Monday 1-5pm | Tuesday-Thursday 11am-7pm | Friday 11am-6pm | Saturday 11am-4pm

Visit our website for additional resources! www.fclsonline.org

The staff of the Riverton Branch Library is dedicated to offering the Riverton community the best in literature, movies, music, state and national news, programming and online services including gaming! Meeting Rooms, Archives, & Resources available daily.

MEET, LEARN, CONNECT, RIVERTON BRANCH LIBRARY THE PLACE TO BE!



UPCOMING PROGRAMS & EVENTS

Riverton Branch Library Presents...

"Mini Masterpieces" A Collective Art Show on the Mezzanine

September 20th-October 31st

Open to All Ages! Stop by the library to pick up your mini canvas and art kit by September 18th!

Mini Reception to be announced.

YOUTH SERVICES

STORYTIME

Parents/Caregivers and their children are invited to sing, dance, read, laugh and play all while supporting early literacy at storytime! Pre-K Tales & Tunes, Toddler Move & Groove, and Starlight Storytimes begin the 3rd week of September, contact the Children's Department for more information.

LEGO CLUB

Lego Club is moving to Friday afternoons at 3:30- 5:00 pm in the RBL Children's Theatre. It is open to kids of all ages and no registration is required, Legos and building challenges are provided!

TRUNK OR TREAT

Get an early start on your trick or treating at the Riverton Branch Library's 4th annual Trunk or Treat! It's spooky, it's scary, but most importantly it's safe! October 31st, 4:30-6:30 p.m. or until we run out of candy!

JINGLE JANGLE JUBILEE

2nd Annual Holiday Celebration. Get pictures with Santa, enjoy a sweet treat and make a jolly craft! Celebration date TBD

ADULT SERVICES

"SPILL THE TEA" WRITER'S GROUP

Bring us your stories, poetry, memoirs, dreams, adventures, villains and small towns... Come! Share your visions and our tea! BYOTC (Bring Your Own Tea Cup). Registration begins November 2nd. *ZOOM Meeting Compatible

"RETELLING" BOOK CLUB

Let's discuss classic tales reimagined! Registration begins September 16th with discussions to begin in October. *ZOOM Meeting Compatible

Like & follow us on Facebook for additional events and details! www.facebook.com/rivertonbranchlibrary

2024-2025 School Calendar

Fremont County School District No. 25

DISTRICT CALENDAR

Riverton, Wyoming

2024 - 2025

School Calendar

Aug 12 - 19	Staff Development - No School
Aug 20	Classes Commence
Sept 2	Labor Day - No School
Sept 20	Early Release - 12:35
Oct 11	Early Release - 12:35 / Staff PM Work
Oct 14	Holiday / Vacation - No School
Oct 15	Staff Development - No School
Oct 31	Early Release - 12:35
Nov 25 - 29	Holiday / Vacation - No School
Dec 23 - Jan 3	Holiday / Vacation - No School
Jan 6	Staff Development - No School
Jan 7	Classes Commence
Jan 31	Holiday / Vacation - No School
Feb 14	Early Release - 12:35
Feb 17	Holiday / Vacation - No School
Feb 28	Staff Development - No School
Mar 7	Early Release - 12:35 / Staff PM Work
Mar 24 - 28	Spring Break
Apr 18	Early Release - 12:35
Apr 21	Staff Development - No School
May 9	Early Release - 12:35 / Staff PM Work
May 23	Last Day of School / Early Release 12:35
May 26	Memorial Day - No School
May 27-29	Snow Day Makeup (if needed)

Student Days - 171

Staff Days - 181

K - 8 STARTING / ENDING TIMES

8:00 a.m. - 3:10 p.m.

9 - 12 STARTING / ENDING TIMES

8:00 a.m. - 3:35 p.m.

8:00 a.m. - 2:39 p.m. (WEDNESDAY)

Adopted: March 14, 2023

Amended:

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29	30					

End of Quarters



October
December
March
May


Events

Homecoming Week
Prom
Kinder Graduation
RHS Graduation
May 18

Testing

ACT
WY-TOPP Summative

 Holiday/Vacation - No School
 Classes Commence

 Early Release (student & staff)

 Staff Development - No School
 Early Release - Staff Work PM

WINTER BREAK HOURS

Nov. 27-29 | Closed for Thanksgiving
Dec. 23-Jan. 1 | Closed for Christmas Break

YOU CAN STILL GET PROGRAM INFORMATION AND REGISTER FOR PROGRAMS
DURING THE HOLIDAY BREAKS ONLINE AT OUR WEBSITE
WWW.RRECREATION.COM

Help us expand our programming?

'R' Recreation is looking for new and fresh ideas from our community. Do you have a hobby or special skills set that you think others would enjoy learning about or participating in? Or are you passionate about a certain sport or perhaps a pro in something fun and want to offer a specific class?

Download and complete our proposal form at rrecreation.com.

Scan the QR Code below to follow us on Facebook!



NON-DISCRIMINATION STATEMENT

Consistent with its mission to value diversity and to treat all individuals with dignity and respect, Central Wyoming College does not discriminate on the basis of race, color, national origin, ancestry, sex, age, religion, or disability in admission or access to, or treatment or employment in its educational program services or activities. The college makes reasonable accommodations to serve students with special needs and offers services to students who have the ability to benefit.

Inquiries concerning Title VI, Title IX, or Section 504 of the Rehabilitation Act may be referred to the Executive Director of Human Resources at Central Wyoming College, 2660 Peck Avenue, Riverton, Wyoming 82501, (307) 855-2112 or 1-800-735-8418 (instate) or the Western Division Office for Civil Rights, Office of Civil Rights, Denver Office, U.S. Department of Education, Federal Building, Suite 310, 08-7010, 1244 Speer Boulevard, Denver, CO 80204-3582, (303) 844-5696, Fax (303) 844-4303, TDD (303) 844-3417, email OCR_Denver@ed.gov.

The spirit of free inquiry, which characterizes the educational environment, must be allowed to flourish within the context of mutual respect and civil discourse. Discriminatory, threatening, or harassing behavior against any group or individual based on, but not limited to, gender, color, disability, sexual orientation, religious preference, national origin, ancestry, or age, will not be tolerated.

