

2019

FALL

Register Online

www.rrecreation.com



Form of Payment (Circle)

Cash Check

Check # _____

Amount Paid: _____

ADULT HEALTH & FITNESS | Registration Form

Participant Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Date of Birth: _____ Gender (Circle): Male or Female

Email Address: _____ Cell Number: _____

(Confirmation will be delivered via email only)

Emergency Contact: _____ Cell Number: _____

Class Name	Dates	Times	Location	Cost
Tai Chi Fit	Sept. 17-Oct. 22, Tues. (Session 1) Oct. 29-Dec. 10, Tues. (Session 2) (No Class 11/26)	5:30-6pm	CWC Arts Center Room 138 (Dance Studio)	\$30/session or \$50/both sessions
Evening Circuit HIIT	Sept. 24-Oct. 31, Tues/Thurs (Session 1) Nov. 5-Dec. 19, Tues/Thurs (Session 2) No classes the week of Thanksgiving.	5:30-6:30pm	CWC Fitness Center	\$50/session
Morning Circuit HIIT	Sept. 25-Nov. 1, Weds/Fri (Session 1) Nov. 6-Dec. 20, Weds/Fri (Session 2) No classes the week of Thanksgiving.	5:15-6:15am	CWC Fitness Center	\$50/session

I, Initial participant and/or parent/guardian, hereby give permission for CWC to use the likeness of myself and/or child for promotional purposes, such as newsletters, flyer's, etc.

I, Initial participant and/or parent/guardian, hereby give permission for any and all medical attention to be administered to myself and/or child in the event of accident, injury, sickness, etc. under the direction of CWC. I also assume the responsibility for the payment of any such treatment. In consideration for the acceptance of myself and/or child's entry, I hereby, for myself, my child, and my heirs, waive and release any and all rights and claims for damages I or my child may have against Central Wyoming College and their representatives and assigns for any and all injuries suffered by myself or my child at any activity sponsored by Central Wyoming College.

I understand that during an activity, myself and/or child's conduct directly affects the good order and safety of the group. I expect myself and/or child to exhibit conduct, and behavior in accordance with institutional rules. I agree that acts such as using tobacco, speaking with profanity, consuming intoxicating drugs or beverages, fighting or stealing cannot be tolerated. I agree to be financially responsible for any loss, damage, loss or use, or costs to persons or property caused by the actions of myself and/or child. If, at the sole discretion of the registered adult leader on an activity, myself and/or child's acts out continual behavior and conduct violates institutional rules and regulations, I understand that myself and/or my child's opportunity to participate will be terminated and arrangements will need to be made to leave the program and facility at such time.

Participant or Parent/Guardian Signature: _____ Date: _____

More Information

'R' Recreation 307-855-2015 or 307-855-2190 or email rrecreation@cw.edu

Mail form and full payment to 'R' Recreation/CWC, 2660 Peck Avenue, Riverton, WY 82501

(Registrations are not accepted without full payment.)

Drop off at CWC Pro Tech Bldg, #101, 8am-5pm weekdays or use the convenient drop-box